



Jabulani Rural Health Foundation

Annual Report

2007-8

JABULANI RURAL HEALTH FOUNDATION

(Association incorporated under Section 21 – not for gain)

Registration no. 2006/009074/08 NPO reg. no. 930 027 691

Account details: ABSA, Frere Square, Br code 632005 Acc no. 4069520005 Swift code: ABSAZAJJ

Address: Zithulele Village, Mqanduli, E Cape, 5080. Postal address: PO Box 682, Mqanduli, 5080

Telephone: +27 47 5750230 Fax to email: +27 86 6165457

Email: jabulanifoundation@gmail.com

Directors: Dr CB Gaunt (RSA), Dr KWDP le Roux (RSA)

Background

Jabulani Rural Health Foundation (JRHF) was founded in 2007 by four doctors working at Zithulele Hospital in the rural Eastern Cape of South Africa. The government funded hospital is situated in one of the poorest areas of the Eastern Cape, serving a population of around 139,000. Most community members live without basic facilities, such as running water and electricity. Many are unemployed and/or living with HIV/AIDS.

The main purpose of the JRHF is to provide support for the development of Zithulele Hospital and the health of the community it serves. It seeks to achieve this through the development of community-based projects, focusing primarily on healthcare support, care for those affected by HIV/AIDS, poverty relief, education, nutrition and advocacy.

This is the first Annual Report of the JRHF and separately available are the first audited financial statements, for the financial year ending 29 February 2008. It should be noted that the financial activities of JRHF only began when the bank account was opened on 10 September 2007.

Personnel

Directors

- Dr Benjamin Gaunt (doctor at Zithulele Hospital since 2005)
- Dr Karl le Roux (doctor at Zithulele Hospital since 2006)

Members

- Dr Benjamin Gaunt
- Dr Karl le Roux
- Dr Taryn Gaunt (doctor at Zithulele Hospital since 2005)
- Dr Sally le Roux (doctor at Zithulele Hospital since 2006)
- Rev Joseph Ntlatywa (pastor of Uniting Reformed Church at Zithulele)
- Dr David Bishop (doctor at Zithulele Hospital in 2006)
- Mr Rory Coltman (accountant)

Staff

- Mrs Rebecca Chappell – project coordinator and foundation administrator, working full time for JRHF on a voluntary basis from 1 January 2008 to 31 December 2008.

Projects

1. Zithulele ARV Clinic Support

JRHF aims to assist the existing Zithulele Hospital ARV Programme to spread awareness about HIV/AIDS and provide accessible HIV/AIDS treatment to all who need it within our catchment area over the next two years. Our aim is to help the programme meet the predicted need for the area by getting ARVs to 110 new patients per month (1,300 per year) by increasing awareness and clinic accessibility and capacity.

The foundation has provided funding for a large proportion of essential stationery required for the proper functioning of the ARV clinic (which was impossible through the hospital's procurement process) and has also bought a lactate meter to help better manage long-term ARV patients.

We are currently fundraising for essential equipment (such as alarm clocks and weighing scales) and for larger items such as a dedicated ARV outreach vehicle for the programme. We are also fundraising to employ an additional four counsellors to help run a new outreach programme, where Zithulele Hospital will send out teams to nearby clinics to prepare patients for ARVs, follow up those on treatment, supply their ARVs and conduct weekly support groups. We are currently working with the hospital to help establish the first two outreach clinics, with plans to establish a further two by the end of 2008.

2. Masikhule Garden and Nutrition Project

This is a community-run gardening project, which uses a demonstration garden to teach people to grow vegetables with essential vitamins for children. It is funded for by our partner organisation based in Holland, Stichting Zithulele. Based on a similar project in KwaZulu Natal lead by Professor Spinney Benade, our focus is on the education of families and the prevention of malnutrition in children. Professor Benade has agreed to mentor this project and provide training for our newly appointed nutrition monitor elected by the community, Notandikile Valuvalu.

Notandikile lives locally and has an interest in agriculture and nutrition. She will officially start work on 1 March 2008. Once the garden is growing and she has received training, Notandikile will facilitate monthly meetings at the garden and visit local homes to invite mothers and children to attend. She will provide education about nutrition and growing of vegetables, weigh the children involved and keep records. The families will also have the opportunity to buy discounted seeds to start their own gardens.

3. Therapy Department and Paediatric Ward Support

The JRHF provides ongoing support to the Occupational Therapy Department and Paediatric Wards at Zithulele Hospital. To date, funds have been raised to expand available equipment and buy suitable educational toys for children and milk for babies. The Therapy department still needs funds to buy wheelchairs, foam and other equipment.

4. General Hospital Support

JRHF works closely with Zithulele Hospital to help the hospital with items that it is difficult or impossible to acquire through government channels, such as additional vehicles and some medical equipment and supplies.

5. Training Centre Accommodation Project

The JRHF wants to build dormitory-style self-catering accommodation so that people who visit Zithulele Hospital for essential training have somewhere to stay. The trainees are local health-care professionals, community health workers and affected family members, who are to provide community-based care to the terminally ill and other patients who are too poor or too sick to travel to the hospital. The project is in its fundraising stage: to date, JRHF has raised almost enough to fund the first phase of the project (renovating a rondavel to house 12 people).

6. Community Centre and Headquarters Development

The JRHF has been granted a prime piece of land in Zithulele village by the community and chiefs on which to build a headquarters, community centre (to include a computer room, library and meeting hall) and preschool. We envisage that it will become a place for all sections of the community to meet, learn and communicate. We are receiving architectural input on this large-scale project, but plan to commence building work by the end of 2008 or early 2009.

7. Community Library Project

In the interim period before the community centre is built, we plan to establish a library on church land next door to Zithulele Hospital. There is a very low level of literacy within the community and little access to appealing reading material (the nearest library is in Mthatha, 90 kilometres away). We would like to encourage all community members, particularly children, to read widely – with story-time sessions and a good range of books in both Xhosa and English. We are currently seeking funding to get this project off the ground.

8. Community Research Project

The University of California Los Angeles has granted the JRHF funding to gather information about our local community – around 139,000 people. The research involves geographical mapping, community consultations and surveys of households and nearby clinics. Our overall aim is to better inform ourselves of the community's needs, ideas and resources.

Future Plans

We plan to continue to develop our current projects and establish further projects, in line with our overall purpose of supporting the hospital and its community.

We want to work closely with the community and involve them in our projects, to achieve a greater level of community ownership and ensure project sustainability.

We are working on a JRHF website to allow online donations and achieve a greater visibility for our projects and appeals. We also wish to produce a regular newsletter.