

Desmond and Leah Tutu part of Jabulani!

The year at Zithulele started with exciting news: We are very proud and humbled to announce that Desmond and Leah Tutu have agreed to become patrons of Jabulani Rural Health Foundation! Tutu,

well known as a Nobel-laureate is also a vocal campaigner for health and human rights. He has worked a lot to support controlling TB and HIV. Tutu himself suffered from TB as a child. Today, he

knows better than anyone how crucial it is to assist those affected with such scourges and we are thankful to receive their support!



Archbishop Desmond Tutu

Jabulani expands!

The Jabulani Rural Health Foundation welcomed in the new year with the addition of several promising new faces to the team! With the hospital's clinical team under pressure from a measles outbreak (including some taking ill themselves!), the arrival of extra hands was a much needed blessing.

Anita settled into Zithulele in late December. She has her work cut out as the new 'Education and Literacy Programme Manager' and

has the challenging task of expanding the success of Zithulele's preschool to 10 other preschools in the area, including organising training for 20 new teachers, starting in March.

Tom Withington is our new passionate fundraiser and report writer. He'll be assisting the General Manager, as well as managing some of the health related Foundation projects.

Next came some bright (albeit pale) young faces all the way from the UK, Samantha and Kayleigh, who are volunteering at Jabulani for 8 months, taking a gap year with an organization called Project

Trust. Kayleigh has taken on the enormous task of organising the down-referral of patients on ARV medication to the clinics. She's also helping as an assistant in the pharmacy, since the departure of the hospital's pharmacist in January. Samantha likes to think of herself as the JRHF'S PA working between several projects including 'Seeds for Schools', 'Computer classes' and updating the hospital blog. She is also working as Anita's sidekick for the Preschool project.

And last but in no means least, we introduce our new

JRHF 'General Manager' coming from Belgium, Sarah Al Azzeh, who has taken up the enormous responsibility of directing the foundation whilst overseeing finance, communications and marketing.

It is a wonder Jabulani managed to accommodate so many new staff in such a short space of time (See under article Old Clinic Rebuilding)! There is no doubt that January has been a hectic and stressful month for all staff in Zithulele, waving goodbye to some faces and being introduced to new,

but hopefully all the additions will bring fresh and exciting possibilities for the future. Overall a very promising start to 2010!

How you can get involved

Become a Friend of Zithulele

If you would like to support the work of Jabulani, you could consider becoming a "Friend of Zithulele". By committing to a regular monetary donation, you would assist us in planning projects and budgeting appropriately. For more information, visit the Jabulani website.

Tell your friends about us

Please forward this newsletter to anyone whom you think may be interested.

Pray for us and our community!



Sarah, Samantha, Kayleigh, Anita and Tom

Waiting Mothers Accommodation turned into quarantine zone during measles pandemic

The measles epidemic reached our community last November and got worse during the month of January. The growing number of patients infected with measles was becoming a problem for Zithulele Hospital as they ran out of isolated space

to quarantine the patients. But thanks to a decision taken by the board of Jabulani, the Waiting Mothers Accommodation was temporarily diverted from its main use and could cater for a lot of measles infected patients who couldn't be hospital-

ised with the rest of the patients. Zithulele Hospital has recorded the highest number of measles cases in the Eastern Cape with 284 cases and 80 hospitalisations. Sadly, 12 patients eventually died; most of them were children. Meanwhile, the few waiting

mothers from that period were accommodated in the maternity ward of the hospital. Future pregnant can happily integrate again the waiting mothers' accommodation after a phase of disinfection next month.

ARV down referrals to outreach clinics

With the departure of Zithulele's pharmacist this January, Jabulani has taken over the role of handling the hospital's ARV down referral system. The principle of the system is to send prepacked ARV prescriptions out to surrounding clinics to make it more straightforward for patients to access them.

Down referral saves patients the time, effort and money it takes to come to the hospital by offering them a place nearer to home to pick up their ARVs. Easier access to ARVs should help to reduce defaulting and encourage better adherence as patients should not have as much trouble in

travelling to pick them up. It also means that the central clinic at Zithulele hospital is less crowded, so the system has multiple benefits.

Currently there are two down referral clinics: Mapuzi and Ngcwanguba, with around 250 patients between them, a number

which is constantly growing. Several clinic days have successfully run in recent weeks so hopefully this will continue over time. We are also looking to expand to up to 8 more clinics in the future so watch this space!

Renovation of old clinic into staff accommodation almost completed

On 28th December 2009, Andy Duncan and his team from igiveada.mn arrived in Zithulele to assist with the renovating of the original clinic building into new accommodation for hospital staff and Jabulani volunteers. For two long and hard weeks the building crew worked non stop in the blazing African sun.

tractor, Gerhard, the team learnt some essential building skills including painting, assembling cupboards, cutting glass, putting in doors and window frames and the digging of the infamous "hole" to name just a few.



With the help of local con-

With the building almost completed, the first couple moved in on 15th February and full completion of the second apartment is due end of March 2010. A big thank you goes out to the Zithulele Build team for all their hard work and dedication. Also, a very special thank you to John and friends for all their assistance and donation of building and plumbing equipment.



Gerhard, Andy Duncan and his team from igiveada.mn

How you can get Informed

Don't miss next month's newsletter! You can look forward to a link to videos about Zithulele Hospital and the Foundation and more exciting happenings from the community.

Visit our website at www.jabulanifoundation.org for information on all of our projects.

If you are interested then contact Sarah: info@jabulanifoundation.com.