



IN THIS ISSUE

www.jabulanifoundation.org

- My Village, Your Village... Our Villagepg 1
- Indispensable Nelipg 1
- It's a Kind of Magicpg 2
- Able to Make a Differencepg 2
- At a Glancepg 3

MY VILLAGE, YOUR VILLAGE... OUR VILLAGE

Make Zithulele your village! See the 'At a Glance' section for more details.

INDISPENSABLE NELI

This quarter we caught up with Neliswa Banjwa to bring you her story. She's a Zithulele local (we can even see her homestead from the Jabulani office!), who the Therapy Department say they just couldn't do without.

JRHF: Neliswa, tell us a bit about your circumstances before you joined JRHF?

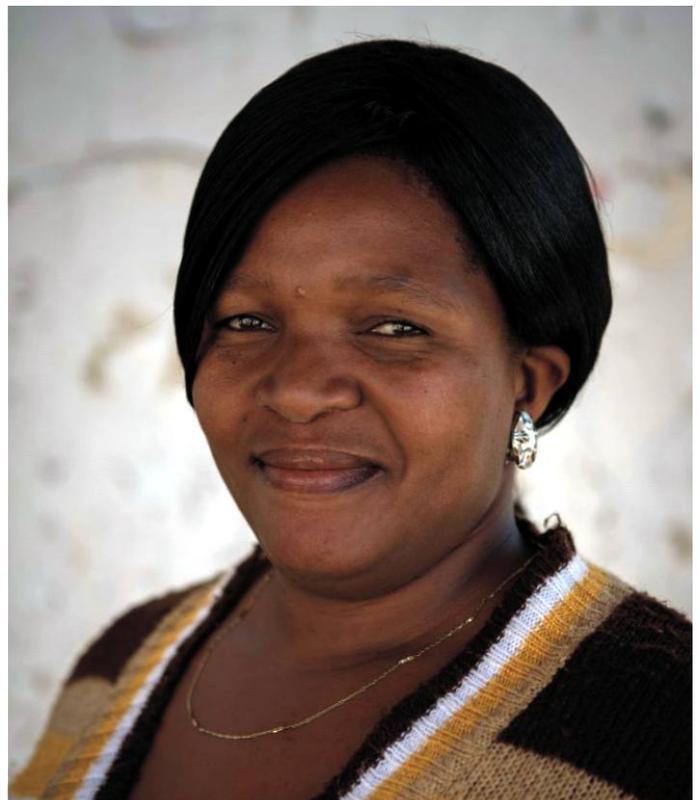
Neliswa: Well yes, so I am from the local area, and went to school locally too. I didn't have any further training after school and work was difficult to come by so I had to work in many different jobs and places – as a Secretary in Mthatha, as an Office Clerk in Langeni, in a dairy in East London, as a Nanny in Langeni and then Pretoria (which was actually how I learnt to speak English!). In 2009, I returned to Zithulele to have my first daughter.

JRHF: Wow, sounds like you've always been a dedicated worker even in difficult circumstances. Then what?

Neliswa: My father passed away in 2010 and we had no one earning money in the family. Of course there are very few jobs here in Zithulele. I had been back here for a couple of years without work and then I heard that Jabulani was employing translators for the Hospital. I thought that would be perfect! Thankfully In March 2011, I was appointed as a Translator for the Speech and Audio department. I loved working there, and learnt so much! By the end we were a real team. Twice in 2012, I went to Johannesburg to help one of our patients having surgery for their cleft lip. That was an experience. But one of the things I learnt was that White and Indian people also get disabilities, we are all the same!

In August 2012, I changed to be a Translator in the Hospital Therapy Department, and then in February 2013, I was appointed as a Therapy Auxiliary Worker. That means that while I am not a trained Therapist, I help the Therapy department wherever they need help – things like screening the patients before consultations, helping the patients, translating, and doing some administrative work. And last year I was sent on a course to learn about Cerebral Palsy and now I do a lot of work with Cerebral Palsy children which I love.

It's amazing that I can work in the Therapy Department and



Neliswa Banjwa

help people here. I'm living in my home area, working near home, and with my daughter, mother and sister all the time. I just want to say thank you to the Jabulani Supporters because I was staying at home without any hope that I could have a job here like this, so I want to say a big, big, big thank you.

We also spoke to Karen, Chief Physiotherapist at Zithulele Hospital, who had this to say about Neliswa: "Neliswa is not only good at her job; she has excellent rapport with the patients. She is caring and interested, and treats each patient as I think she would her own family. I am extremely glad that she came to join us." So are we, Neliswa!

IT'S A KIND OF MAGIC

Freddy Mercury of the band Queen, was one of the first famous people to die of AIDS, and on the ARV programme we are often reminded of the lyrics of one of their songs: "it's a kind of magic...one dream...one prize, one goal" because on this programme, ARVs can sometimes seem like a kind of magic, with the potential to take someone from death's-door to good health in just a few weeks. We also have only one dream, one prize and goal in mind – to give everyone who needs it access to high quality care and treatment, with enough support to ensure that they remain adherent to it, in order to live long and healthy lives. One goal, albeit a big one!

Jabulani started supporting the ARV programme in 2009 and while continuing to support the programme since then, the reins were largely handed over to another NGO in December 2010, through a partnership with the Eastern Cape Department of Health. This three year agreement has now come to an end resulting in the primary responsibility for supporting the ARV programme at Zithulele falling once again to Jabulani. To aid in the transition, the other NGO partner will continue to offer some support until the end of the year.

We have a big gap to fill now, as with the additional resources the ARV programme has significantly expanded since the end of 2010. As of the end of March 2014, there were 4134 patients on ARVs with 91% of these receiving

prepacked ARVs delivered to their local clinic. Jabulani will endeavour to do all we can to ensure that the quality standards that have been implemented are kept up; that patients continue to receive the high quality care and support that we are now used to giving. Please keep us in mind as we again take on this big goal...one goal, but a big one!



ARV's packed and ready to be taken to a clinic

ABLE TO MAKE A DIFFERENCE

In our previous newsletter we announced the launch of the new community-based disability programme, and things are now in full swing! Five community disability workers (CDW) have been employed and trained, and they started in the field on the 12th May 2014 covering five of the clinic catchment areas serviced by Zithulele Hospital. All five CDWs have family members with a disability and therefore have direct experience and knowledge of the challenges faced by those with disabilities in rural areas.

After being out in the field for only two weeks they have each identified around 30 people with disabilities living in their communities, who are not currently accessing services. They have met with clinic sisters and started doing presentations on Cerebral Palsy and Stroke to people in the clinic waiting areas. They have been connecting with local schools telling teachers about the Rural Ability programme and offering their support for children with disabilities currently attending the school. They have attended community meetings where the community have had the opportunity to ask questions about their work and their role in the community. We have the Chief's on-board with the programme, with one Chief from the Lutubeni area even asking the community to look after the CDW working in the field and to please keep their dogs away so she can safely conduct her home visits!

We have also had some positive feedback from the hospital staff, regarding the appropriateness and quality of referrals from the CDWs. Audiologist Dineo, has been impressed with the referrals of people with hearing problems to her service and we have had another referral of a lady who has a visual impairment, which had been previously diagnosed,

but the CDW referred her again for a hearing problem too. This lady had missed her review date and the CDW brought her back into the system.

The introduction of the programme has been well received by all and we look forward to sharing good news stories with you as the Rural Ability programme grows, develops and reaches many more people living with disabilities.



Buzeka, the CDW from Wilo, and Shannon the programme co-ordinator, fitting in some support and supervision time before a meeting with the chief and headman

AT A GLANCE

EQUAL RIGHT, EQUAL OPPORTUNITY: EDUCATION AND DISABILITY

The Global Campaign for Education is a civil society movement that was established in 1999, with an aim to end the global education crisis. Their campaign for this year was titled; Equal Right, Equal Opportunity: Education and Disability and the Global action week ran from 4-10 May 2014, including thousands of schools in over 90 countries. Here in Zithulele, the Rural Ability Programme got involved with Sarah and Jana, both Occupational Therapists, writing a short story about a little boy with a disability and how he wished to go to school. They then performed this story using puppets at two local preschools: Zithulele and Khanyisa. The children also got to ride in a wheelchair, played pin the tail on the donkey and tried to gobble a delicious sweet hanging from the roof using only their mouths. Through this we hoped to sensitise them to the challenges of living with a disability while at the same time showing them that children with disabilities are not that different to them, and that they can play and learn together.



BOOSTER FOR A HEALTHIER VILLAGE

The Healthy Village Project continues to serve Zithulele in its unassuming way, taking small steps towards improving the environment, providing health and education, and developing employment opportunities. This project received a real boost recently through a generous donation from the Freddie Marincowitz Welfare Trust. This money will primarily be used to build Zithulele's first refuse and recycling area, keeping our village clean and healthy and providing employment for up to five people. Our sincere thanks!

MY VILLAGE, YOUR VILLAGE... OUR VILLAGE

We are excited to invite you to take the opportunity to take our village, Zithulele, and make it your village too! We are currently in the second phase of enrolling in the MySchool MyVillage MyPlanet fundraising programme, which requires us to submit applications in bulk before you can independently register to support us. So, all you have to do is follow these easy steps and with no cost to yourself you will be contributing financially to the work that we do:

1. Complete the form that was attached to the email you received with this newsletter.
2. Ensure that you stipulate Jabulani Rural Health Foundation as a beneficiary.
3. Return your form to us by email to mark@jabulanifoundation.org or post it to PO Box 682, Mqanduli, 5080. Please DO NOT send this directly to MySchool MyVillage MyPlanet at this stage.
4. Existing card holders, you may not know but you can have up to three beneficiaries linked to your card so you can also use this form to add Jabulani as a beneficiary.
5. Use your card at retail partners including Woolworths, Engen QuickShops, Waltons, SupaQuick, kalahari.com, Jack's Paint, Toys R Us, Reggie's, Altech Netstar, Club Travel, MySchool Travel, Toner Town and more.
6. A portion of your purchase amount will be donated to Jabulani! See www.myschool.co.za for more details on how this works.

The card will cost you nothing and Jabulani could get some really vital support from this easy way of raising funds. We hope that you will consider taking a few minutes to become a MyVillage cardholder!