

**IN THIS ISSUE**

[www.jabulanifoundation.org](http://www.jabulanifoundation.org)

- BRINGING RELIEF	.....pg 1
- NEW OPPORTUNITIES ON THE HORIZON FOR 2013	.....pg 2
NEW CARPENTRY SCHOOL BANGS INTO ACTION	.....pg 2
JUMP START PROGRAMME REVS UP	.....pg 2
- AT A GLANCE	.....pg 3

**BRINGING RELIEF**

Jabulani's Relief of Social Distress Fund (RSDF) has continued to provide vital emergency support to individuals and families in the Zithulele area. Referred only by on-the-ground Philani Mentor Mothers, the RSDF provides emergency funds or food parcels for those who are most in need. The following three stories are just a few that stand out from 2012, showing that often it is the small barriers that grow to become the largest, and so these seemingly small interventions can make all the difference.

**Mama B\***

A deeply depressed Mama B sat slumped on a chair with a tiny baby on her back and two small children at her side, terrible fever blisters around her mouth, staring at the floor. It eventually came out that she had a massive debt of over R8000 at one of the local spaza shops. Her Social Security card had also stopped working and she was unable to access her grant to pay back this large debt. The RSDF provided transport money for her to get to and from the South African Social Services Agency (SASSA) to acquire a new card and purchased a food hamper for her and her family. Able to access her Social Security grant and with a deal negotiated with the spaza shop, a few days later a different lady arrived at the office - she was standing up straight, no sign of any blisters and a massive smile on her face. She gave a long speech in Xhosa thanking us for helping her and her family. She continued to receive a few more food parcels from the RSDF, but was able to contribute to them. Testament to how much she valued the help, the next month she arrived again at the office with an elderly lady saying, "you have made me well, but this lady also needs to be well."



Food relief pack

**Mama N\***

This elderly lady was identified on a home visit by Mentor Mothers. Mama N's Social Security card was damaged in 2011, and unable to access her pension she had hardly any food in the home. She had been told to apply for a new card, but could not afford to make the trip to the nearest SASSA offices in Elliotdale, about an R80 return trip. RSDF provided Mama N with transport money to Elliotdale and back, as well as extra funds to enable her to buy food for that month. She successfully managed to get a new card and is now able to draw her pension monthly.

**Sisi Y\***

Sisi Y was a young HIV positive teenage mother with no source of income. When referred to Mentor Mothers, she was mix feeding her baby, not on ARVs, and had missed her baby's immunisations as she could not pay for transport to the nearest clinic. RSDF helped in a small and simple way by providing transport money, but this helped get a baby's immunisations up to date and a young mother onto ARVs and breast feeding beautifully.

\* These are not their proper names

## NEW OPPORTUNITIES ON THE HORIZON FOR 2013

When a year draws to a close and another one begins, it is a good time to reflect on what has been accomplished and what could still be done to meet the ever-present need around us. We are particularly excited about two new initiatives due to start in 2013.

### New Carpentry School Bangs Into Action

The carpentry school will be an upscaling and formalising of a successful project which has been run by Zithulele resident Roger Galloway since 2009. Initially started as a small business motivated by job creation for local men, with stipends being provided by Jabulani the carpentry project soon became equally focused on skills development for those with no prior carpentry or artisan skills. The success of the project has been clearly evident not only in the strong demand for the high-quality and environmentally-friendly furniture, but also in all of the apprentice carpenters being offered jobs with other businesses and NGO's following their apprenticeships.

Having proved its past success and exciting future potential, under the careful supervision of head trainers Roger and Phineas, Jabulani will be expanding this project into a carpentry school with a larger workshop space and the ability to take on more apprentices. The new carpentry school has already been given a head start by a generous donation of new power tools from Festool in Germany but we still require funding to build a new workshop. We're very excited about the evident potential this project has to develop important life skills and job creation in the area.



Apprentices hard at work in the carpentry school

### Jump Start Programme Revs Up

The Jump Start pilot programme, due to begin in the second half of 2013, will focus on an important yet often overlooked demographic: young adults who have already left secondary school but have not been able to gain access to further education or employment. With an often poor secondary education and almost no job prospects, young adults in this area have extremely limited opportunities to escape the cycle of poverty that holds them captive. Without the opportunities to alter the course of their own lives, and with a bleak outlook for the future, many begin to abuse alcohol and other drugs, commit petty crime, and even end up in jail. The JumpStart Project aims to alter the perspective of school leavers, providing them with positive role models, important values and life skills, and a belief in themselves and their ability to create change in their own lives and within their community.

Over a period of six months, young adults will be guided through a variety of new experiences and opportunities, developing a specific set of important life skills along the way. The programme is intended to develop the confidence of participants, challenge the way they see the world and themselves and expose them to different career options. The course will have four components:

- Business: Including Budgeting and Debt Management, Marketing, Job Shadowing, IT skills, CV writing, and Interviewing Skills;
- Social: Including Leadership, Team Work, Public

Speaking, Event Organising, Community Service, Ethics, Relationships, and Etiquette;

·DIY and Trade Skills: Including Workshop Tools, Sustainable Agriculture; Carpentry; Environmental Education; and

·Physical: Including Sports, Team Activities, Water Safety, and Trips Away.

The pilot project will be offered to six participants from the Zithulele area. Thereafter we hope to expand the scale of the project and its catchment area, with a vision being to establish a model that can be replicated all over the Eastern Cape, spreading a positive message and improving outcomes for youth throughout the province.



## AT A GLANCE

### ARV DOWN-REFERRAL PROGRAMME

The size of the ARV programme has more than doubled over the last two years, and now provides life-saving medication to almost 4000 patients! Jabulani continues to work in partnership with the Department of Health and the Donald Woods Foundation to provide a service to these patients. Two Jabulani volunteers (from Project Trust UK) make an invaluable contribution to the pre-pack side of the programme, coordinating the systems and processes required to provide pre-packed medication for 11 facilities and over 3000 patients. As always, the two Jabulani ARV Counsellors give outstanding support to the ARV team at Zithulele Hospital, working closely with the clinical and nursing teams to ensure that all patients receive the support required to start or adhere to ARV treatment.

### MERCY VISION

After months of outreach eye clinics and planning, the first cataract surgeries were performed by the Mercy Vision Zithulele team on the 20th February. What a joy it has been to see these people remove their bandages and see clearly again, for many after what has been decades of poor sight or blindness. The Mercy Vision team performed approximately 50 surgeries (in 10 days), and plans to run further surgical blocks later in the year.



Zithulele's first cataract surgery

### ZITHULELE HOSPITAL MATERNITY SUCCESS

Zithulele Hospital management is ecstatic to announce that even with a significantly increased number of annual births, the corrected perinatal death rate for 2012 was 19.5 per 1000 births (getting below 20 is considered "exponentially difficult" in this context). This is a wonderful achievement, and one which we hope will be continued and perhaps even further improved upon in 2013 as the hospital staff enjoy the use of the new Ultrasound machine so generously donated by Jabulani supporters in 2012.

### JOINING SOCIAL MEDIA

You can find and follow Jabulani Rural Health Foundation on Facebook, and "Like" us to stay up to date and help spread word of our work and ways you can continue to help us help others.



facebook Search for people, places and things

**Jabulani Rural Health Foundation**  
45 likes · 61 talking about this

Like Message