



Jabulani Rural Health Foundation
Annual Report
2013 - 2014

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Introduction to Annual Report

by Foundation Director Ben Gaunt

When we started the Jabulani Rural Health Foundation in 2007 we dreamt of an organisation that would work alongside Zithulele Hospital – supporting its efforts to provide excellent health care, whilst also making an impact in other areas in the community.

As you will read in this report, this dream has grown and grown. It is remarkable to consider the number of different ways in which Jabulani is helping to make a difference in people's lives, both directly and indirectly. We are excited about the direct impact on the lives of many, from patients at the hospital, people in acute need in the community, children starting out on their education journeys... There is also direct impact for those who find employment through the Foundation (or who join us as volunteers). The indirect impact is perhaps even bigger as we are part of many working to restore hope.

One of the most exciting projects this year was the building of "New Lundi" – new accommodation units at the hospital allowing the Clinical Team to continue its growth and particularly making it possible for medium to long term staff to have suitable housing. This project started as a somewhat ambitious dream but is now reality and will have a profound impact on the hospital.

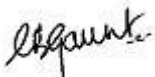
Other exciting developments have been the growth of the Mercy Vision Zithulele primary eye care project, which is supported by Mercy Ships, but facilitated by Jabulani – an excellent example of the collaboration between NGOs; a rare but stand-out feature of Zithulele. And a new flagship project, the Rural Ability Project, funded by CBM, is just getting off the ground. This will make a significant impact on the lives of people living with disabilities.

There is much else to read of in this report. As always, we could not do what we do without the incredible team of people who work for Jabulani, led by John Young, nor our many supporters both near and far. We appreciate everyone who contributes!

Our financials accompany this report and remain in a healthy state – with this year seeing our single biggest grant yet, reflecting the increasing trust that funders have in our ability to deliver projects that achieve their goals. Our financials are audited annually and again have a clean bill of health.

I trust that you will find this report of the activities that happened during the last year as inspiring as I did.

May God bless you



Dr Benjamin Gaunt

JRHF Vision

We aim to bring hope and positive change to the community around Zithulele Hospital by supporting the hospital and partnering with the community in its development and growth.

JRHF Mission

To reach our vision we will focus on the following areas:

1. Health care
 - a. Supporting the development of Zithulele Hospital and its surrounding clinics
 - b. Helping improve access to quality health care
 - c. Specific health care projects, including care for those affected by HIV/AIDS
 - d. Improving nutrition through education and support
2. Education
 - a. Supporting early childhood development
 - b. Promoting literacy
 - c. Supporting schools
3. The Environment
 - a. Focussing on conserving and improving the environment
4. Poverty relief through community upliftment
 - a. Employ & train local people to work for JRHF, where possible
 - b. Job skill development
 - c. Supporting entrepreneurs

JRHF Core Values

1. Valuing people's worth
 - Treating all people with dignity, respect, compassion and fairness.
2. Making prayerful decisions
 - Making decisions which are consistent with our beliefs and taken in a process that includes prayer and reflection.
3. Serving others with humility
 - Being motivated by a desire to listen and serve rather than personal gain or glory.
4. Working in partnership
 - Working together with the community, hospital, individuals and other organisations in a way that promotes empowerment rather than dependence.
5. Honesty
 - Living with integrity and speaking the truth in a constructive manner.

Background

Jabulani Rural Health Foundation (JRHF) was founded in 2007 by four doctors working at Zithulele Hospital in one of the poorest areas of the rural Eastern Cape province of South Africa. The government funded hospital serves a population of around 139,000. Most community members live without basic facilities, such as running water and electricity. Many are unemployed and under-educated and about 12% are living with HIV/AIDS. This figure rises to about 25% for the highest risk group – pregnant women.



The JRHF supports the development of Zithulele Hospital and the community it serves through the development of community-based projects, focusing on healthcare support, poverty relief, education, environmental issues and community development. The founding doctors are committed to staying in Zithulele long term to ensure that the Foundation makes a sustainable contribution to the community. With the help of donors, volunteers and community members they aim to make a tremendous difference in difficult circumstances.

The founders of JRHF, Dr Ben Gaunt, Dr Taryn Gaunt, Dr Karl le Roux and Dr Sally le Roux, continue to work at the hospital and with the JRHF in a supervisory capacity.

Personnel

Patrons: Archbishop Emeritus Desmond Tutu
Leah Tutu

Directors: Dr Benjamin Gaunt
- doctor at Zithulele Hospital since 2005
- founding director since 30 March 2007
Dr Karl le Roux
- doctor at Zithulele Hospital since 2006
- founding director since 30 March 2007
Rev Joseph Ntlatywa
- pastor of the Uniting Reformed Church at Zithulele since 1990
- director since 6 May 2008

Members: Dr Taryn Gaunt (doctor at Zithulele Hospital since 2005)
Dr Sally le Roux (doctor at Zithulele Hospital since 2006)
Dr David Bishop (consultant anaesthetist; doctor at Zithulele Hospital in 2006)
Dr Leesa Bishop (JRHF financial administrator; doctor at Zithulele Hospital in 2006)

Salaried/Stipended Staff:

Ms Asanda Jonga (ARV counsellor/administrator since Aug 2009)
Ms Yandiswa Thutsheni (translator/ARV counsellor since June 2012)
Mrs Thandeka Xhakaza (preschool teacher since Apr 2009)
Ms Thandiwe Mlhaba (TB counsellor since Aug 2009)
Mrs Nothandekile Valuvalu (Masikhule garden monitor since May 2008)
Mrs Nonyaniso Mdaniswa (preschool teacher assistant since April 2009)
Mrs Buyiswa Speelman (TB data manager since Sep 2010)
Ms Ntombifuthi Mfundisi (hospital translator/pharmacy helper since Sep 2010)
Ms Unathi Twalikulu (hospital translator/optometry assistant since Sep 2010)
Ms Phumla Tsama (ARV counsellor since Oct 2010)
Mr Anele Mcunukelwa (security guard from Feb – July 2013)
Mr Manelisi Ndabakayise (security guard from Feb – July 2013)
Mrs Vuyiswa Mcunukelwa (hospital translator since June 2011)
Mrs Nonceba Ndesi (personal assistant to clinical manager since Sep 2010)
Mr Richard Mcunukelwa (community liaison since May 2011)
Mr Mandini Lugalo (hospital translator/optometry assistant since Sep 2012)
Ms Funeka Xabe (hospital translator since Feb 2013)
Mr Mlondolozzi Gwanya (hospital translator from Feb – Aug 2013)
Ms Ziyanda Sethe (hospital translator from Feb – May 2013)
Mr Xolile Caleni (hospital translator since Feb 2013)

Mr Mzimasi Vayeke (hospital translator from Feb – July 2013)
Ms Neliswa Banjwa (therapy translator/therapy auxiliary worker since Mar 2011)
Ms Fundiswa Mbongwana (therapy translator/pharmacy helper since Sep 2011)
Ms Mandisa Mahlanza (librarian/ECD advocate from Sep 2011 – Dec 2013)
Ms Lindeka Mbanga (dietetics translator since April 2012)
Ms Nomonde Sicengu (speech therapy translator since Feb 2012)
Mr Sandi Tshemese (therapy translator/carpentry apprentice since Feb 2013)
Mr Aphiwe Phumputha (cleaner from Feb 2012 – Sep 2013)
Mrs Althea le Roux (ophthalmic medical officer since Feb 2013)
Mr Mohau Ralekhetla (optometrist since Mar 2013)
Ms Sandra Grunewald (ophthalmic nurse from Mar – June 2013)
Mr Mzukisi Mahlangu (driver from Aug – Dec 2013)
Mr Liaan Marais (building services manager since Aug 2013)
Mrs Gerda Marais (education co-ordinator since Jan 2014)
Ms Kirsty Paxton (ECD consultant since Sep 2013)
Mr Lulamile Danile (hospital translator since July 2013)
Ms Zonke Banjwa (hospital translator since Oct 2013)
Mr Masixole Namate (hospital translator since Feb 2014)
Mr John Young (general manager since Dec 2010)
Ms Ziqelekazi Gcininkosi (therapy translator since Jan 2014)
Ms Lavis Dwayi (therapy translator since Jan 2014)
Ms Sinethemba Beja (therapy translator since Jan 2014)
Ms Thembi Mdaniswa (cleaner from Oct 2013 – Jan 2014)
Ms Zodwa Banjwa (cleaner since Feb 2014)
Ms Pumza Matebese (hospital translator/librarian since Aug 2013)
Mr Sisa Dwayi (carpentry apprentice from Mar to April 2013)
Mr Lwando Sontshalaba (carpentry apprentice from Mar 2013 – Jan 2014)
Mr Sipiwo Malawana (carpentry apprentice since Jan 2014)
Ms Yandiswa Mahlanyana (pre-school teacher since Mar 2013)
Mr Mbuso Kabalaza (gardener/handyman since Jan 2014)
Ms Shannon Morgan (rural ability programme co-ordinator since Feb 2014)
Ms Rhona Christie (Project Trust: from Aug 2012 – Aug 2013)
Ms Catherine Lockey (Project Trust: from Aug 2012 – Aug 2013)
Ms Anna Ashford (Project Trust: since Aug 2013)
Ms Daisy Morgan (Project Trust: since Aug 2013)

The Foundation is committed to providing employment to local people wherever possible and only draws in individuals from outside when the skills cannot be sourced locally.

Volunteer Staff:

Ms Jessica Kern (Sep 2012 – June 2013)
Ms Zoe Klaus (Oct 2012 – April 2013)
Ms Lauren Kinderknecht (April 2013)
Ms Rebecca Brundage (April 2013)
Ms Rachel Reiss (May – Aug 2013)
Ms Anna Johnson (July – Sep 2013)
Ms Frances Kroon (Aug – Sep 2013)
Ms Lucia Schneider (since Nov 2013)
Ms Kayla Gallinger (since Jan 2014)
Ms Richelle Giesbrecht (since Jan 2014)
Ms Sandy (Jan – Feb 2014)
Ms Kayleigh McMillan (Jul – Aug 2013)

A special mention must be made of all those who have given up their time to volunteer their services with us this year. Thank you.

Project Reports

HEALTH

HIV and AIDS Clinic Support

While over the past few years the South African government has, through necessity, focussed on increasing access to care, the clinical and HIV programme staff at Zithulele Hospital have done everything in their power to ensure that patients have access to *high quality* care despite the resource-limited setting. This has meant that over the past seven years, innovative methods to address the local challenges have been developed and implemented. Jabulani has contributed significantly, along with other collaborative parties, to ensure that the programme has continued to grow and be successful.

Jabulani's involvement in Zithulele Hospital's ARV programme since 2009 has meant that a programme that was hospital-based up until then, has now been fully decentralised without the loss of support from a central, well-resourced base. During 2013-2014, Jabulani continued to work hand-in-hand with the Department of Health and the Donald Woods Foundation to ensure that HIV services were provided to all patients, at their health facility of choice within the HIV Programme's catchment area.

By the end of February 2014, all 10 clinics directly supported by the hospital were covered with 3969 patients on ARVs in total across the programme and 3592 (91%) of these collecting their treatment on a named, pre-packed basis at their local clinic. The ability for so many patients to reliably access treatment at their local clinic has continued to be made possible by Jabulani's crucial involvement in the prepacking component of the programme: Jabulani volunteers largely manage the substantial administrative component of the programme and a Jabulani employed pharmacy helper assists with the prepacking of all of this life-saving medication. Furthermore, Jabulani have continued to employ two ARV Counsellors who give outstanding support to the ARV team at Zithulele Hospital, working closely with the clinical and nursing teams to ensure that all patients receive the support required to start or adhere to ARV treatment.

Over the years, the annual sports tournament has grown from a simple men's soccer tournament hosted by Jabulani, to an event with numerous sports and activities for the whole Zithulele community and co-hosted by all of the NGO's working in Zithulele. The main focus of the day remains HIV awareness and testing, motivation for the latter being provided in that while anyone could participate, only those who had tested on the day were eligible for prizes. A further aim of the September 2013 event was for the various NGO's to foster relationships with the community and take the opportunity to communicate the message of what they are doing and offering in Zithulele. This year we retained the soccer and touch rugby team sports competitions that are not only hugely popular but also target the key age-group of young men. We also added in various events in which the entire community could participate, including 'active' events such as wheelbarrow, bucket-balancing

and sack races, and more prosaic events such as 'threading the needle' and 'tower building' aimed at the elderly. These new events were immensely enjoyed! The most popular event of the day, however, was the inaugural tug of war competition! Everyone who attended the day enjoyed it hugely, and it was another successful step along the road towards not only HIV prevention and treatment, but also community engagement and upliftment.

TB Project

The TB data manager and counsellor employed by Jabulani work together with the team at the hospital's TB Point, to monitor patient adherence, counsel patients requiring treatment, and follow-up of defaulters. 741 patients were supported to start TB treatment during the year.

By increasing the integration between HIV and TB services last year, we have ensured that systems and processes are more fluid, with less room for patients to miss the opportunity to test for HIV or start on ARVs if required. As a result, this year saw 552 patients tested for HIV of the 556 TB patients who did not yet know their status, and 152 of the 186 patients found to be HIV+ were started on ARVs.

The reintroduction of weekly meetings, using information and statistics compiled by the Jabulani TB data manager, allow the TB team to keep close tabs on what is happening with each patient. Each monthly cohort of patients starting on TB treatment is audited four times over the course of the year to ensure that patients are followed up and action taken accordingly to ensure that all steps on a patient's treatment journey are completed.

As TB continues to be a major cause of morbidity and mortality in and around Zithulele, the supporting role played by Jabulani enabled by the continued financial support of the Sonnevank Foundation, remains a significant contributor to the fight against TB.

General Hospital Support

While Jabulani continue to ensure where possible, that we don't stray into providing services or resources that should fall within the remit of the Department of Health, knowing that there is an organisation that can help make a plan when faced with a seemingly intransigent problem is remarkably helpful in preserving a positive attitude amongst hospital staff. As such, there are many ways in which Jabulani continues to support the Hospital. Although seemingly small, many make a big difference to the quality of care the Hospital can provide, and the sanity of the staff providing it.

Some of the multiple ways in which we have supported the hospital this fiscal year include funding:

- Translators for the doctors working in the out-patients' department. (This improves the quality of the consultation and simultaneously releases the nurses to do nursing jobs.)
- A personal assistant for the Clinical Manager, to allow him to do less minor admin and be more strategic in his use of time
- Paper on which clinical stationery is photocopied

- Relief packs for rape victims
- Repairing the hospital's CTG machine
- Installing new benches for patients in OPD
- Managing the sourcing and procurement of equipment funded specifically for the hospital via Jabulani channels. Over the past year this has included: wheelchairs, ROHO mattresses, and other equipment and consumables for the hospital's therapy department.

Mercy Vision Zithulele

In September 2012, an exciting new initiative was started in Zithulele called Mercy Vision Zithulele (MVZ). MVZ is a collaboration between Jabulani, Mercy Ships SA (in their first ever land-based operation) and the Eastern Cape Department of Health, with an aim to reduce the prevalence of blindness and poor vision arising from uncorrected refractive error, cataracts, glaucoma and other eye diseases. Working in the villages and clinics around Zithulele, the project is reaching people who have never before received any form of eye care. What makes this project so motivating, is the immediate impact that can be made on a person's life. People walk into the clinics not being able to see, and walk out with a new view of the world! This feeds our motivation for other projects, where the real impact will only be seen further down the line. During this year, the MVZ project embarked on widespread outreach, visiting the communities around the catchment area that Zithulele Hospital serves. During these visits, 4007 routine eye exams were conducted, 1358 ready-made glasses were received by patients, and 308 pairs of prescription glasses were ordered. Fortnightly surgeries were also undertaken at Zithulele, with referrals having been made while seeing patients during outreach. Over the year, 174 cataract surgeries were done and 55 glaucoma evaluations were completed.

Pharmacy Support

As part of our support to Zithulele Hospital, Jabulani supplies supplementary staff where existing staff are stretched and taking strain. In May 2012 the decision was made to hire a pharmacy helper, and she continues to make a noteworthy and stable contribution to a team that has experienced many of the usual ups and downs experienced in Department of Health staffing.

Nutrition

The Masikhule project, a community nutrition garden and two pre-school vegetable gardens, funded by Stichting Zithulele (an organisation based in the Netherlands that was founded by the second doctor to ever work at Zithulele), continues under the supervision of Nothandekile Valuvalu. The first garden is a demonstration/community garden where Nothandekile teaches community members how to grow seasonal vegetables and provides them with space to grow their own produce. The second two gardens are based at Zithulele pre-school and our neighbouring Khanyisa pre-school, and are incorporated into the curriculum with children not only learning about the importance of a balanced diet and learning how to grow vegetables, but also benefitting from eating the vegetables produced in the garden. Any excess produce is sent home with the pre-school children for their families to enjoy.

Nothandekile has also continued to come weekly to the Hospital's paediatric ward to educate the women of the admitted children about how to garden in a nutritious way.

Rural Ability (and Therapy Department Support)

Over the past few years, Jabulani's support of the Therapy Department at Zithulele Hospital has enabled the building of a Rehab model hut using CSI funding from Ruml Cape; allowed for the purchase of supplies and other rehabilitative equipment like custom designed rural wheelchairs funded through the IDC; and has included employing translators to assist in consultations and a therapy auxiliary worker to assist the therapists. It has been heartening to see how practical support can enhance the lives of disabled people.

However, our most exciting venture to date is the new partnership with the Christian Blind Mission that has allowed us to expand the Rural Ability programme beyond hospital-level support and to develop and implement a community-based rehabilitation programme. Recruitment of a Programme Co-ordinator has taken place and early in the next financial year, five Community Disability Workers (CDWs), one from each of the five geographic areas the project is to initially cover, will take place. Their work will be reported on further in the next annual report.

Also during the year, one of Zithulele's doctors and a friend (the brother of a previous physiotherapist) raised money to build a secure storage facility for the hospital's wheelchairs, by gaining sponsorship to complete the 3 day, 120km Wild Run. Jabulani will assist with this by arranging and managing the building of this unit during the next financial year. Our thanks to Dr. Alan Kourie and Dr. Andy Stewart, and to their sponsors.

Waiting Mothers' Accommodation

The waiting mothers' accommodation was built during 2009 to provide a place for women near the end of their pregnancies to wait so they can be close to medical care when they go into labour. The hospital continues to manage this accommodation which was once again fully booked throughout the year.

EDUCATION

In order to continue the work in Early Childhood Development that was started in 2012 by a long term volunteer ECD specialist from the United States, Jabulani hired two people to work within ECD during 2013-2014. Between them, they co-ordinate, implement and manage the components of Jabulani's Education programmes as detailed below.

Pre-school

Zithulele Pre-school continues to provide a valuable service to local children as well as the children of professionals working in and around Zithulele, and we are grateful for the ongoing enthusiasm and

commitment of Teacher Thandeka (as she is lovingly referred to by pupils and adults alike!). With the pre-school being on the hospital's doorstep, we make the most of the opportunity to ensure that health checks are part of the learning experience, and this year's group of pre-schoolers paid a visit to the dentist to have their teeth checked and learn about dental care and they also received a visit from the hospital's audiologist for an ear check-up.

The vegetable garden continues to form part of the pre-school curriculum with children learning about the nutritional value of vegetables as well as how to grow them. Jabulani also continued to facilitate the further training of 20 teachers through the Sector Education Training Authority Level 5 course provided by Direct Flo, and this was completed in June 2013.

After building a relationship with the pre-school teacher from a neighbouring pre-school who did weekly shadowing and mentoring at the Zithulele Pre-school during 2012-2013, Jabulani committed to support the management of this pre-school and construct them a new classroom after negotiations and meetings with relevant community members. Khanyisa Pre-school opened its new doors in April 2013 and since then have enjoyed not having to share classroom space with over 100 Grade R students at the nearby government school. Instead they rather have a space dedicated to their needs where a solid investment has already been made in the early education of 35 students. Jabulani provide further support to the school through funding the teacher's salary, ongoing ECD training for the teacher, and supplying educational resources. A special word of thanks must go to the funders, Stichting Zithulele, and in particular, Dirk Bosfonds, who generously donated the funds for the construction of the new building. Mention must also be made of a group of visiting volunteers from the Meadowridge Baptist Church in Cape Town, who painted a beautiful mural on the outside walls of the school.

Our ECD consultant, Kirsty, secured a generous donation of LEGO and DUPLO from 'LEGO Care for Education and Hands on Technology' and was then trained on how to use these resources in an educational capacity, learning that she then passed on to the pre-school teachers and mothers from the area. The pre-school has some sets to use now and they are being enjoyed by teachers and children alike.

All of the above are examples of what falls within Jabulani's general remit for pre-school support which involves managing the pre-schools by providing mentorship and training for the teachers, managing supplies and facilities, overseeing feeding programmes, and engaging with the parents.

Library

Having a library in Zithulele has allowed for the development of a variety of different fun and educational opportunities for the young people of this community, beyond what we could ever have imagined. As a result, the library continues to be an important source of resource material for school

learners, an environment where a reading culture can be fostered in this community, and a venue for a variety of after-school activities for learners of all ages.

One way of attracting people to the library and creating awareness of reading and the value that it can add to one's life and education, is to host activities that are related to reading as well as general education. In addition to weekly activities such as story time and puppet shows (see more about Zithudlala activities below), the Library played host to Axiom Education's first Chatterbox Holiday Club in June/July 2013. Grade 7-9 learners engaged in interactive literacy-rich activities: singing songs together, listening to interactive stories, acting, reading for enjoyment silently and to each other, and completing comprehension-building tasks. The event also led to 20 new members signing up as library members.

We still have a desire to convert the back room of the library into an afterschool homework room where support and supervision will be provided, and hope that this dream will come to fruition in the near future.

ECD in the Home

In our community, many caregivers are still unaware of the importance of Early Childhood Development (ECD). Some feel that their child's education is the responsibility of teachers and schools; while others believe they are not equipped with the experience or resources to support their child in this way. During the year, Jabulani continued to collaborate with the Philani Mentor Mothers project in Zithulele (MMZ), as both organisations expanded their work being done in community-based ECD. Although we have now sadly said goodbye to our highly respected ECD Advocate (who has moved on to complete her studies) during the year, Mandisa continued in this role visiting caregivers and parents in their homes to inspire them with the importance of ECD and their role as their child's first teacher, model positive ways of interacting with their child, teach them games to play, demonstrate simple toys that can easily be made from materials around the home, and finally engage the caregivers in parenting and ECD workshops.

In addition to this, the ECD Advocate provided on-going ECD training for the Mentor Mothers and when Philani implemented their specific programme of running ECD playgroups for children living too far from a pre-school, weekly training has been provided to the ECD Mentor Mothers by Jabulani's ECD Consultant. Through this programme, not only does Jabulani hope to increase ECD practices within the home and benefit children's educational outcomes in general, but also foster parental participation in the community and in the further education of their children beyond ECD.

None of our education programmes would be possible without the support of Stichting Zithulele, a Dutch foundation with links back to one of the first doctors to work in Zithulele. Their commitment to provide long term funding allows us to develop initiatives that have solid foundations and are therefore more likely to be sustainable.

Zithudlala

Research into Early Childhood Development (ECD) has shown that young children learn best by having fun. For ECD in Zithulele, that has meant identifying what fun learning activities can be implemented given our resources and opportunities.

After a successful pilot was run by Kirsty, our ECD consultant, the Learning through Play programme became the more official Zithudlala programme during the 4th term of the 2013 academic year, when Kirsty returned to Zithulele fulltime. The Xhosa word “dlala” means play and hence Zithudlala is centred round the use of play as a means to stimulate children's educational growth and development.

However, Zithudlala is also about promoting play as an end in itself for children whose difficult living conditions and limited access to resources may mean that they rarely get to enjoy this basic human right. The long-term goal of Zithudlala is to have a play centre that provides a safe space for primary school children to play on weekday afternoons by facilitating access to play equipment and supervised activities. For now, we have made use of the community library for an hour from Monday-Wednesday to offer LEGO building, arts and crafts activities and puppet shows for 20-30 kids each week. The very generous donation of even more LEGO and DUPLO we received from the LEGO Charity has been a hit with the kids, and we are always astounded at the natural creativity which they show in their LEGO builds and works of art. Kirsty's work has also fed into the pre-schools, our ECD in the Home programme, and Philani's ECD Playgroup initiative, as she has passed her experience and passion on to the many others working in these areas.

COMMUNITY

Community Centre

With the electricity supply to the community centre came a vastly increased demand for its use, with NGO, Hospital and community events being planned around its availability! It is currently used on a daily basis for community gatherings, meetings, weddings, training, conferences, as a classroom for Axiom's Khan Academy, and even as overnight accommodation for the Mercy Vision surgery patients.

The community centre committee, formed by Jabulani and consisting of representatives of political and traditional leadership as well as the different sectors of society (including women, the youth, disabled and churches), continues to meet on a regular basis to manage the day-to-day running of the centre.

Community Playground

Offering the children of Zithulele a safe environment to play in, as opposed to in the road, has made a huge difference to the community. The playground, which was built in 2011, comes complete with a

jungle gym, swings, a slide and a climbing wall and is still used and enjoyed by many children every day.

Relief of Social Distress Fund

With one of Jabulani's core values being to promote empowerment rather than create dependence, we have always tried to avoid any form of 'hand-outs'. However, sometimes there are certain circumstances where emergency relief is required in order to save people's lives or at least provide a bridge to a more stable place where they can manage again under their own steam.

Since the Relief of Social Distress Fund (RSDF) came under the Jabulani umbrella in July 2011, Mentor Mothers Zithulele has remained the main referral source for this fund, as frontline workers in the community are best placed to identify families who could benefit the most from the fund. In this financial year, the fund has helped over 300 families/individuals: 268 individuals were assisted with transport including to the hospital, Home Affairs, SASSA; 20 families were supported with food parcels; and 12 individuals were supported with miscellaneous items such as seeds for vegetable gardens, toiletries for a teenage orphan, nappies, soap and formula for when breastfeeding is truly not an option.

The guiding principle of the fund is "a hand-up and not a hand-out" with small, low profile, short term funds or food parcels offering emergency relief to families while we help them 'get back on their feet'. Jabulani manages this fund very carefully with specific criteria, amounts, and duration periods in place to ensure that this fund is not misused and that only families in extreme need benefit from it. Although "transport" is not an 'exciting' expense to cover it has been vital to not only help lift families out of poverty by supporting them to get documented, but also has been instrumental for clients accessing timely healthcare and in some instances this has literally been life-saving!

Microfinance

After investing significantly in the development of James Jabula and his business making leather products, Jabulani continued to have bi-monthly meetings aimed at improving his basic management skills until August 2013, when James decided that he was ready to handle his business on his own. Since then, we have maintained the relationship with him in that he visits us in Zithulele every once in a while, but the formal side of the business relationship has come to an end.

ENVIRONMENT

Healthy Village Project

One of the foundational reasons for the creation of Jabulani was to address the causes of many of the problems faced by the community in Zithulele and not just treat the symptoms when they present at the hospital. Some of these causes have been addressed through various Jabulani projects, but over the years, the interconnectedness of health, education and the environment and their impact on

poverty become even clearer and we saw the importance of a holistic project that addressed all of these areas. Pilot interventions were run in the areas of refuse management and sanitation, responsible natural resource management, agriculture and nutrition, and had at their core, education, training, mentorship and job creation. During this year, these interventions were expanded into the fully-fledged Healthy Village Project largely through a generous donation from the Freddie Marincowitz Welfare Trust.

During this financial year, over 2000 bags of rubbish were removed from Zithulele's streets and taken to the closest official dump site (we are still lobbying hard to get the local municipality to do this job); Zithulele residents were actively encouraged to recycle and monthly recycling drop-offs were made to Mthatha; alien vegetation continues to be removed, especially those clogging river sources; and over 180 trees were planted in and around Zithulele.

Carpentry Skills Development Programme

The carpentry skills development programme is the up-scaling and formalising of a successful project that has been run by Zithulele resident Roger Galloway since 2009. Initially started as a small business motivated by job creation for local men, with stipends being provided by Jabulani, the carpentry project soon became equally focused on skills development for those with no prior carpentry or artisan skills. The success of the project has been clearly evident not only in the strong demand for the high-quality and environmentally-friendly furniture, but also in all of the apprentice carpenters being offered jobs with other businesses and NGO's following their apprenticeships. Having proved its past success and exciting future potential, we had hoped to expand this programme into a carpentry school with larger workshop space and the ability to take on more apprentices at a time. However, due to a lack of funding and available land, this was not able to take place during the year. As a result, the number of apprentices remained small (4 during the year) but the programme remained as strong and successful. Our hope is that this expansion will take place as soon as funds are acquired and suitable land identified.

ACCOMMODATION

Accommodation projects initiated by Jabulani during 2010 - 2011 included renovation of the "Old Clinic", "Volunteer Accommodation", "Zuba House", and "Mama Ncedi's. As part of the '1000 from a 1000 Challenge' launched in November 2011, to house hospital and NGO staff coming to live and work in Zithulele, phase one involved the "Garage Conversion" project completed in 2012 and phase two, which was completed during this year, involved the construction of "Axiom House".

Jabulani continues to manage the leases on these buildings, many of which are situated on land belonging to the local Uniting Reformed Church which started the mission back in 1956. The church receives the rental income and is financially responsible for maintenance and upkeep. This arrangement is a win-win situation in that the church derives some income from its buildings but

Jabulani and the hospital benefit because there is suitable accommodation made available for professional staff coming from outside.

Phase three of the '1000 from a 1000 Challenge' started towards the end of 2013 and involved the construction of new accommodation units built on Zithulele Hospital land. Eventually named "New Lundi", meaning "New Horizons", the name points both to the beautiful view of the ocean on the horizon and to the new opportunities in community development that this expansion brings. This accommodation development has been the largest accommodation project that Jabulani has undertaken to date, bringing six much-needed beautiful new houses (with a total of 14 bedrooms), plus a storeroom, laundry, parking and facilities. Importantly, these multi-bedroom homes now provide attractive and sustainable housing for professionals with families, thus enabling the Hospital and NGO's to retain staff long term, something we have discovered to be a key driver of significant community transformation. Phase three was completed in December 2013, just in time for the intake of new NGO and hospital staff arriving in January 2014.

Adding to the incredibly generous donations from many individuals and organisations (each giving their R1000 as part of the '1000 from a 1000 Challenge'), these recent accommodation initiatives were made possible through grants awarded from the Anglo American Chairman's Fund and the Discovery Foundation's Rural Fellowship Award. We are so thankful for each and every cent that has been donated.

VEHICLE

The Jabulani vehicle (a Citi Golf) continues to help us "make things happen." It has helped ensure a reliable supply of antiretroviral medication to the clinics when the hospital does not have transport, it is used weekly by Mercy Vision to ferry patients around on surgery days, it is used to ensure that the ECD in the Home programme is able to reach those homesteads beyond walking distance from Zithulele, as well as in numerous other instances when staff have needed mobility in order to better serve the community.

ADMINISTRATION

Administration is the backbone of any organisation and having a dedicated, permanent office space (shared with Axiom Education) has certainly helped in this area. Administration has however remained a challenge since the long-term volunteer who replaced our Administrator left in November 2012. We will review the possibility of hiring another Administrator during the next financial year.

Future Plans

We are excited about ventures that are in the pipeline for next year, specifically:

- Continued assistance to the ARV programme to ensure that the fight against HIV/AIDS doesn't lose momentum
- Further improvements at Zithulele Pre-school; and the support of our neighbouring Khanyisa Pre-school
- Expanding the Healthy Village Project
- Starting a life-skills / mentorship programme for local school leavers in Zithulele
- Continuing to manage and seek ways to expand accommodation options for hospital staff and NGO workers and volunteers
- Starting a new partnership with Volunteer South Africa as a source for regular volunteers to assist with our programmes
- Supporting our closest school, Sea View Senior Secondary School, in their exciting new initiatives to improve the infrastructure and learning environment of their school

We look forward to improving our links within the community and involving them increasingly in our projects, to achieve a greater level of community ownership and ensure project sustainability. We will also continue to produce a quarterly newsletter and regularly update the website:

www.jabulanifoundation.org.

Thank You!

The life-blood of our work are our 'Friends of the Zithulele', who donate monthly. In addition, a number of individuals and companies have donated to us this year. We trust that you will be as proud as we are to see what a difference your generosity has made in our community.

2 Way (American Volunteer Group)	Graeme Hofmeyer	Peter Grant
Adele Middlecote	H and E Kieskamp	Pierre-Andre and Berdine Mans
Ainslie and Jennie Chinimberi *	James and Ros Irlam *	Rachel Bateman
Alan Kourie	Jana Marincowitz *	Reach for Recovery Johannesburg
Amy Linde	Jaqueline Jack	Richard and Robin Sherry *
Ana Houston *	Jen Minnaar and John Fleming	RJ and SP Belsham
Andy Stewart	Jill Masterson *	Rob Wise *
Anglo American Chairman's Fund	JM Linton	Ruan and Suretha Cilliers
Anne Gentry	Joachim Fandel	Sally and Gerrard Boule *
Archbishop Desmond Tutu	Johann and Helen Maree *	Sam and Ann Moore
Ashleigh Moolman	John and Alex Davidge	Sarah Combley
Axiom Education	Jono and Ruth Centurier-Harris *	Shambooke Church Council *
Belinde Brown *	Karen Galloway	Simon le Roux
Ben and Taryn Gaunt *	Karl and Sally le Roux	Simon Wallis
Bideford Bridge Rotary Club *	Kate Grobicki	Sion and Helen Glaze
Bronwyn Lindsay	Kirsty Jackson	Skye Adams
Calum Fisher *	Kirsty Paxton	Stephanie Kok
Catherine Young *	Land Resources International	Stichting Zithulele
Christian Blind Mission	Laurie and Rita Chiappini	Sule van der Merwe
Chris and Lynne Wise *	Liz Gatley *	Suretha Cilliers
Chris and Selina Salisbury *	Liz Sams *	Susan Davis
Church of Haren	Louise Ferreira	Susan Wishart
Cirtech Manufacturing Pty Ltd	Mandy Wessels *	Timothy Freeth and Lindiwe Mavuso
Dagmar Raeuchle	Marcel Schutgens *	Tom and Becky Kemp *
David and Leesa Bishop *	Marina Badenhorst	Tom and Jo Withington *
David Semark	Mathias Wessels *	Trevor and Eleanor Gaunt *
Discovery Foundation	Mercy Ships South Africa	Ubuntu Global Connection (Amy Gleason)
Elodie Janovsky	Michael Bennett	Warren van der Westhuizen *
Emily Davis	Monique Lines	Widan Family
Evan and Kerryn Torrance *	Adam Fleming	Wildrunner.co.za
Freddie Marincowitz Welfare Trust	Murray Crawford	Wouter van Egmond
Giant Film Production Sweden	Natalie Mason	Zoe Klaus

* donates friend

JABULANI RURAL HEALTH FOUNDATION

(Association incorporated under Section 21)

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Patrons: Desmond & Leah Tutu