



Jabulani Rural Health Foundation
Annual Report
2012-13

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Introduction to Annual Report

by Foundation Director Ben Gaunt

Zithulele is an exciting place to live and work! It is quite incredible to see how much there is happening in our community. The Hospital is going from strength to strength and there are now five NGOs working here. What makes it all the more exciting is that this is not just a small group of do-gooders trying to help others, but people with a variety of skills coming to sow their lives here and work in partnership with each other and, importantly, with the community to bring development and growth.

Jabulani is proud of the role we play in this. As you will see in this annual report, it has been another year of wide-ranging influence. On the hospital front, we continue in sometimes small ways to make an important difference to the quality of care the patients receive. In some parts we have become part of the fabric of the hospital – the translators and HIV counsellors are critical cogs in the wheel! We have been able to make a difference to individuals through facilitating the distribution of specialised wheelchairs. Excitingly, we have been partners in launching a much needed new primary eye care programme: Mercy Vision Zithulele.

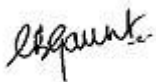
Often the support is less direct – the accommodation project is critical for the hospital and other NGOs to be able to house their staff. Quite simply, without our support, some of the clinical staff would not be here.

In education we have seen expansion too. We are busy building a second pre-school and have launched an innovative project called “ECD in the home.” The library goes from strength to strength – we look forward to books and reading being a normal part of life here.

The list goes on. Whether it is supporting over 240 families with small emergency relief grants or developing carpentry skills or making it possible for visiting students to be inspired by life here, much of what Jabulani does is not glamorous, but it’s changing lives!

Finally, I simply must mention John Young who holds this all together with his tireless and sacrificial work as General Manager. His administrative skills, vision and dedication have been a big contributor to Jabulani’s growth and effectiveness. His efforts, together with those of the many volunteers and dedicated employees have helped us bring even more hope and positive change this year.

I hope you enjoy this report as much as I did,



Dr Benjamin Gaunt

JRHF Vision

We aim to bring hope and positive change to the community around Zithulele Hospital by supporting the hospital and partnering with the community in its development and growth.

JRHF Mission

To reach our vision we will focus on the following areas:

1. Health care
 - a. Supporting the development of Zithulele Hospital and its surrounding clinics
 - b. Helping improve access to quality health care
 - c. Specific health care projects, including care for those affected by HIV/AIDS
 - d. Improving nutrition through education and support
2. Education
 - a. Supporting early childhood development
 - b. Promoting literacy
 - c. Supporting schools
3. The Environment
 - a. Focussing on conserving and improving the environment
4. Poverty relief through community upliftment
 - a. Employ & train local people to work for JRHF, where possible
 - b. Job skill development
 - c. Supporting entrepreneurs

JRHF Core Values

1. Valuing people's worth

Treating all people with dignity, respect, compassion and fairness.

2. Making prayerful decisions

Making decisions which are consistent with our beliefs and taken in a process that includes prayer and reflection.

3. Serving others with humility

Being motivated by a desire to listen and serve rather than personal gain or glory.

4. Working in partnership

Working together with the community, hospital, individuals and other organisations in a way that promotes empowerment rather than dependence.

5. Honesty

Living with integrity and speaking the truth in a constructive manner.

Background

Jabulani Rural Health Foundation (JRHF) was founded in 2007 by four doctors working at Zithulele Hospital in one of the poorest areas of the rural Eastern Cape province of South Africa. The government funded hospital serves a population of around 139,000. Most community members live without basic facilities, such as running water and electricity. Many are unemployed and under-educated and about 12% are living with HIV/AIDS. This figure rises to nearly 30% for the highest risk group – pregnant women.



The JRHF supports the development of Zithulele Hospital and the community it serves through the development of community-based projects, focusing on healthcare support, care for those affected by HIV/AIDS, poverty relief, education and nutrition. The founding doctors are committed to staying in Zithulele long term to ensure that the Foundation makes a sustainable contribution to the community. With the help of donors, volunteers and community members they aim to make a tremendous difference in difficult circumstances.

The founders of JRHF, Dr Ben Gaunt, Dr Taryn Gaunt, Dr Karl le Roux and Dr Sally le Roux, continue to work at the hospital and with the JRHF in a supervisory capacity.

Personnel

Patrons: Archbishop Emeritus Desmond Tutu
Leah Tutu

Directors: Dr Benjamin Gaunt

- doctor at Zithulele Hospital since 2005
- founding director since 30 March 2007

Dr Karl le Roux

- doctor at Zithulele Hospital since 2006
- founding director since 30 March 2007

Rev Joseph Ntlatywa

- pastor of the Uniting Reformed Church at Zithulele since 1990
- director since 6 May 2008

Members: Dr Taryn Gaunt (doctor at Zithulele Hospital since 2005)
Dr Sally le Roux (doctor at Zithulele Hospital since 2006)
Dr David Bishop (consultant anaesthetist; doctor at Zithulele Hospital in 2006)
Dr Leesa Bishop (JRHF financial administrator; doctor at Zithulele Hospital in 2006)

Salaried/Stipended Staff:

Ms Asanda Jonga (ARV counsellor → administrator since Aug 2009)
Ms Yandiswa Thutsheni (translator → ARV counsellor since June 2012)
Mrs Thandeka Xhakaza (preschool teacher since Apr 2009)
Ms Thandiwe Mlhaba (TB counsellor since Aug 2009)
Mrs Nothandekile Valuvalu (Masikhule garden monitor since May 2008)
Mrs Nonyaniso Mdaniswa (preschool teacher assistant since April 2009)
Mrs Buyiswa Speelman (TB data manager since Sep 2010)
Ms Ntombifuthi Mfundisi (hospital translator → pharmacy helper since Sep 2010)
Ms Unathi Twalikulu (hospital translator → optometry assistant since Sep 2010)
Ms Phumla Tsama (ARV counsellor since Oct 2010)
Mr Lumkile Ngqelakhe (security guard: Sep 2010 – Aug 2012)
Mr Thulani Nqwini (security guard: June 2011 – Aug 2012)
Mr Tando Mahlanyana (security guard: Aug 2012 – Jan 2013)
Mr Mbuyiselo Sihoyana (security guard: Aug 2012 – Jan 2013)
Mr Anele Mcunukelwa (security guard since Feb 2013)
Mr Manelisi Ndabakayise (security guard since Feb 2013)
Mrs Vuyiswa Mcunukelwa (hospital translator since June 2011)
Mrs Nonceba Ndesi (personal assistant to clinical manager since Sep 2010)

Ms Onesimo Tolobisa (hospital translator since Oct 2011 – June 2012)
Mr Richard Mncunukelwa (community liaison since May 2011)
Mr Sipho Poro (hospital translator → carpentry apprentice: Feb – Dec 2012)
Ms Khunjulwa Mbi (hospital translator since Sep 2012)
Mr Mandini Lugalo (hospital translator → optometry assistant since Sep 2012)
Ms Nosicelo Horner (hospital translator since Nov 2012)
Ms Funeka Xabe (hospital translator since Feb 2013)
Mr Mlondolozzi Gwanya (hospital translator since Feb 2013)
Ms Ziyanda Sethe (hospital translator since Feb 2013)
Mr Xolile Caleni (hospital translator since Feb 2013)
Mr Mzimasi Vayeke (hospital translator since Feb 2013)
Ms Neliswa Banjwa (therapy translator → therapy auxiliary worker since Mar 2011)
Ms Fundiswa Mbongwana (therapy translator → pharmacy helper since Sep 2011)
Mr Sibabalwe Mnengisa (therapy translator → librarian: Jan – Dec 2012)
Ms Mandisa Mahlanza (librarian → ECD advocate since Sep 2011)
Ms Chwayita Nazo (therapy translator: Feb – April 2012)
Ms Lindeka Mbanga (dietetics translator since April 2012)
Ms Nomonde Sicengu (speech therapy translator since Feb 2012)
Mr Welcome Manduluka (therapy translator: July – Dec 2012)
Mr Sandi Tshemese (therapy translator since Feb 2013)
Mr Aphiwe Phumputha (cleaner since Feb 2012)
Dr Althea le Roux (ophthalmic medical officer since Feb 2013)
Mr Welcome Sitelo (translator since Nov 2012)
Ms Cara Vincenti (Project Trust: Aug 2011 – to Aug 2012)
Ms Helen Hattam (Project Trust: Aug 2011 – Aug 2012)
Ms Rhona Christie (Project Trust: since Aug 2012)
Ms Catherine Lockey (Project Trust: since Aug 2012)

The Foundation is committed to providing employment to local people wherever possible and only draws in individuals from outside when the skills cannot be sourced locally.

Volunteer Staff:

Mr John Young (general manager since Jan 2011)
Ms Emily Davis (Mar – Nov 2012)
Ms Yolisa Duley (education co-ordinator: Mar 2011 – Sep 2012)
Ms Kayleigh McMillan (Jul – Aug 2012)
Ms Emily Barber (Dec 2011 – Mar 2012)
Ms Bernadette Watters (since Dec 2011 – Mar 2012)
Ms Lena Kinder (Aug – Dec 2012)

Ms Vanessa Reiter (Aug – Dec 2012)

Ms Jessica Kern (since Sep 2012)

Ms Zoe Klaus (since Oct 2012)

A special mention must be made of all those who have given up their time to volunteer their services with us this year. Thank you.

Project Reports

HEALTH

HIV and AIDS Clinic Support

Bono, lead singer of the band U2, sings: “Where you live should not decide whether you live or whether you die.” The clinical and HIV programme staff take this ethos to heart, with the belief that despite our resource-poor rural setting, our patients deserve the same quality medical care as their compatriots elsewhere. As a result, the HIV service that has been developed at Zithulele Hospital over the past six years has had a strategic emphasis on providing accessible, quality care delivered in an innovative way that addresses local challenges and builds a robust foundation for future growth and sustainability. The success and growth of the programme could not have been achieved without the collaboration of various parties.

When Jabulani stepped in to assist Zithulele Hospital’s ARV programme in 2009 with the support of two volunteers from the UK Charity Project Trust, they were able to help decentralise the programme that had up until then been only hospital based. The down-referral programme proved to be an immediate success and Jabulani soon increased from pre-packing and distributing for two clinics to five. In December 2010 the Donald Woods Foundation, in partnership with the Eastern Cape Department of Health, took over the management of this programme (with Jabulani still acting in a supporting role), allowing it to expand even further.

At the end of February 2012, all 10 clinics directly supported by the hospital were covered with 2938 patients on ARVs in total across the programme and just under 2000 of these collecting their treatment on a named, pre-packed basis at their local clinic. One year later, this figure has grown to 3728 patients on ARVs with 87% of these pre-packed for and down-referred to their local clinic.

Jabulani has continued in the crucial role of managing the pre-packing component of the programme and as the programme has expanded so has the need for Jabulani’s support of it. In addition to the two Jabulani volunteers (who make an invaluable contribution to the pre-pack side of the programme, coordinating the systems and processes required to provide pre-packed medication) and two ARV counsellors (who give outstanding support to the ARV team at Zithulele Hospital, working closely with the clinical and nursing teams to ensure that all patients receive the support required to start or adhere to ARV treatment) in February 2013 Jabulani employed a pharmacy helper to assist with all of the pre-packing of this life-saving medication.

Following the success of the annual soccer tournaments held in 2010 and 2011, Jabulani, the Donald Woods Foundation, and Axiom Education (an education NGO operating in Zithulele) teamed up to host an expanded Sport’s festival in June 2012, with touch rugby and netball being played in addition

to soccer. Once again, the emphasis was on utilising sport to attract people to an event where HIV counselling and testing was offered, using a lucky draw and prizes as an incentive, as well as T-shirts for the first 100 men to test as they were the particular target groups for this event. Over 157 people were tested over the course of two days and awareness was created through drama and announcements.

TB Project

The supporting role played by Jabulani with the TB programme remains a significant contributor in the fight against TB, which continues to be a major cause of morbidity and mortality at Zithulele. This work is enabled through the continued financial support of the Sonnevank Foundation.

The TB data manager and counsellor employed by Jabulani work together with the team at the hospital's TB Point, to monitor patient adherence, counsel patients requiring treatment, and follow-up defaulters.

Due to the high co-infection rate of HIV and TB, one of the goals over the last year was to have greater integration with the HIV programme. A pleasing result of this has been a 10% increase in the amount of TB patients starting on ARVs. This is partly due to changes in National protocols (which made more TB patients eligible to be initiated on ARV treatment) but also partly because of significantly increased integration between the TB Counsellor and the ARV Counsellors, which meant that systems and processes were more fluid and there was less room for patients to get lost in the system or their start on ARVs delayed.

General Hospital Support

There are many other ways in which Jabulani continues to support the Hospital. Many of them are seemingly small, but make a big difference to the quality of care the Hospital can provide – and the sanity of the staff providing it. Knowing that there is an organisation that can help make a plan when faced with a seemingly intransigent problem is remarkably helpful in preserving a positive attitude long term.

Some of the multiple ways in which we have supported the hospital include funding:

- Translators for the doctors working in the out-patients' department. (This improves the quality of the consultation and simultaneously releases the nurses to do nursing jobs.)
- A personal assistant for the Clinical Manager, to allow him to do less minor admin and be more strategic in his use of time
- Paper on which clinical stationery is photocopied
- Relief packs for rape victims
- The repair of hospital equipment and even sourcing new equipment on occasion. The latter is an exception to the rule and Jabulani only steps in as a last resort. An example of this is when

the hospital's ultrasound machine stop working in 2012 and procuring a new one through the usual channels would have taken many months. In an emergency case such as this, Jabulani was able to assist by fundraising for a new machine in a short time frame. Philips SA provided a machine at a hugely discounted price with the Anglo American Chairman's Fund and individuals around the world covering the difference.

Mercy Vision Zithulele

In September 2012, an exciting new initiative was started in Zithulele called Mercy Vision Zithulele (MVZ). MVZ is a collaboration between Jabulani, Mercy Ships SA (in their first ever land-based operation) and the Eastern Cape Department of Health, with an aim to reduce the prevalence of blindness and poor vision arising from uncorrected refractive error, cataracts, glaucoma and other eye diseases. Working in the villages and clinics around Zithulele, the project is reaching people who have never before received any form of eye care. What makes this project so motivating, is the immediate impact that can be made on a person's life. People walk into the clinics not being able to see, and walk out with a new view of the world! This feeds our motivation for other projects, where the real impact will only be seen further down the line. Since its start, there have been 1443 routine eye examinations conducted, 611 ready-made glasses have been given out and 91 prescription glasses ordered. The first cataract surgeries were performed by the team in February 2013 with 51 patients being operated on. By the middle of 2013, the plan is to schedule surgeries on a fortnightly basis.

Pharmacy Support

As part of our support to Zithulele Hospital, Jabulani supplies supplementary staff where existing staff are stretched and taking strain. In May 2012 the decision was made to hire a pharmacy helper from the local community to alleviate some of the pressure on the overworked pharmacy team. This is working very well.

Nutrition

The Masikhule project, two community nutrition gardens funded by Stichting Zithulele (an organisation based in the Netherlands that was founded by the second doctor to ever work at Zithulele), continues under the supervision of Nothandekile Valuvalu. The first garden is a demonstration/community garden where Nothandekile teaches community members how to grow seasonal vegetables and provide them with space to grow their own produce. The second garden is based at Zithulele pre-school, and is incorporated into the curriculum with children not only benefitting from eating the vegetables produced in the garden but also learning about the importance of a balanced diet and learning how to grow vegetables.

Nothandekile has also continued to come weekly to the Hospital's paediatric ward to educate the women of the admitted children about how to garden in a nutritious way.

Rural Ability (Therapy Department Support)

Jabulani has been supporting the work of the Rehabilitation Department at Zithulele Hospital over the past six years and it has been heartening to see how practical support can enhance the lives of disabled people, through the purchase of supplies and other rehabilitative equipment. Jabulani has also acted as a channel for external support, such as when Rumdel Cape upgraded the Zithulele road and as part of their CSI initiative built a model hut, called the Rehab Hut. This is a hut adapted to be wheelchair accessible, and is used to show how suitable accommodation can facilitate independence for those with a disability.

Jabulani again supported this department in many ways throughout the year including: procuring necessary equipment; supplying consumables; as well as employing translators to assist in consultations and a therapy auxiliary worker to assist the therapists.

One of the more exciting moments in the year was the seating clinic in May 2012, where 50 disabled patients were supplied with custom designed rural wheelchairs. The clinic doubled as a training exercise where Zithulele Hospital therapists were given specialised training. This was all funded through a generous donation from the IDC made to Jabulani in the previous financial year.

Speech Therapy Support

Zithulele Hospital had its first Speech Therapist/Audiologist, Stephanie Benn, start in 2011 to complete her community service year. Thankfully she decided to stay on in 2012 to carry on the good work she had started. Jabulani has continued to support her work through providing a translator and also facilitating the arrangements for much needed surgical intervention for one of her patients. Pumlani needed repair to his unilateral cleft lip and palate, and after the Speech Therapist had arranged free surgical procedures in Johannesburg, Jabulani stepped in to arrange accommodation, transport, food and a translator for Pumlani and his mother. The first surgery was performed in the previous financial year, with Pumlani returning to Johannesburg for the follow-up surgery in May 2012. We are delighted to report that the surgery was a complete success. Within days he began eating solid foods that were previously unmanageable, experimented with varied speech sounds, and clearly uttered a number of words that had been unintelligible before the surgery.

Waiting Mothers' Accommodation

The waiting mothers' accommodation was built during 2009 to provide a place for women near the end of their pregnancies to wait so they can be close to medical care when they go into labour. The hospital continues to manage this accommodation which was fully booked throughout the year. In fact, the accommodation is seeing a steady increase in the number of women who utilise it and has also become something of a model for other hospitals to "benchmark" against.

EDUCATION

Pre-school

After 18 months of early childhood development (ECD) specialised input into our education programmes from Yolisa Duley, an ECD specialist from the United States, it has become clear that Jabulani requires this level of expertise on a continual basis in order to keep our programmes operating at a consistently high standard. Yolisa generously volunteered her services with Jabulani while conducting her PHD research in Zithulele. She left in September 2012 but her input will have a lasting impact and so we offer our most heartfelt thanks. Jabulani will therefore be looking to hire an education co-ordinator in the next financial year.

The vegetable garden continues to form part of the pre-school curriculum with children learning about the nutritional value of vegetables as well as how to grow them. Jabulani also continued to facilitate the further training of 20 teachers through the Sector Education Training Authority Level 5 course provided by Direct Flo. This training is due to be completed in June 2013.

Our intention with the Zithulele Preschool has always been for it to be a model for others to follow. We were therefore very encouraged to see this happening this year when the preschool teacher from a neighbouring area requested assistance and started weekly shadowing and mentoring with Thandeka, our teacher in the Zithulele pre-school. Through this, we learnt that her pre-school had lost their building and as a result, were sharing a classroom with the grade R students at the local government school. A classroom with 100 learners of different levels is not conducive to effective learning and so after growing the relationship with this teacher and after meeting with community members, Jabulani started constructing a new building and has committed to supporting the management of this pre-school from the beginning of the next financial year. The building should be ready for use in March 2013.

Library

The Zithulele Community Library has continued to be an important source of resource material for school learners who have no access to the internet or any other form of information (they rely completely on their text books as the only source of information). This is certainly an important function but the vision for the library has always been much bigger than that. Our hope is to help create a reading culture in Zithulele and the surrounding communities and in order to do this we need to be continually creating awareness about the library and linking in with the after-school activities of Axium Education.

One way of creating awareness is to host exciting, learning-based, fun activities at the library and a few of those took place this year. The first of these was a school competition to promote literacy and encourage students to use the library for recreation and not just as a school resource. All of the

surrounding schools were invited to compete in reading, writing, poetry, story-telling, and spelling competitions held in Xhosa and in English. Throughout the day we were continuously impressed by the poise and confidence of the students. Each participant went up on stage in front of their peers, teachers, and a panel of judges to read, spell, or tell us a poem or story they had written themselves; it was as if none of them had even the least bit of stage fright! All of the competition-winners went home with wonderfully illustrated books!

In October 2012 the second of these functions were held in the form a Science Fair for children and young people in Zithulele. The focus of the day was to show school children that science is interesting and fun, and can be found everywhere! In preparation for the day, Jabulani volunteers focused on finding exciting scientific experiments that could be done using every-day objects. The best example of this is the Mentos-Twizza reaction experiment; throughout the day, we compared the effect of Mentos on different types of fizzy drinks, recording how high the geyser of bubbles rose to compare the different levels of reactivity. Posters in English and isiXhosa explained the hypothesis, method, data, and results of the experiment, thereby introducing people to the scientific method through a fun and impressive reaction. The children and young people enjoyed the experiments and the treats provided, and the volunteers really enjoyed teaching and passing on an appreciation for science to this enthusiastic group. We can't wait to see everyone back in the library browsing through our selection of science books.

ECD in the Home

The Jabulani commitment to education focuses on three main areas: supporting early childhood development, promoting literacy, and supporting schools. Though we have made great steps with our preschool and library, we have come to realise that in order to reach more children and families, it is necessary to visit parents and caregivers in the home. In our community, many caregivers are unaware of the importance of ECD. Some feel that their child's education is the responsibility of teachers and schools; while others believe they are not equipped with the experience or resources to support their child in this way. In collaboration with the Philani Mentor Mothers project in Zithulele (MMZ), who provide families they visit with an introduction to ECD as a part of their broader support network, Jabulani has developed the ECD in the Home project to reach out to those who do not know what ECD is or how crucial positive interaction is in the early years of a child's growth. Mandisa, recently the Zithulele Community Librarian, will be following her passion for community outreach and her skill at communicating the importance of education to become the 'ECD Advocate.' Her new role is to inspire caregivers with the importance of ECD and their role as their child's first teacher, model positive ways of interacting with their child, teach them games to play, demonstrate simple toys that can easily be made from materials around the home, and finally engage the caregivers in parenting and ECD workshops.

Through this programme, not only does Jabulani hope to increase ECD practices within the home and benefit children's educational outcomes in general, but also foster parental participation in the community and in the further education of their children beyond ECD.

The programme began with the new ECD Advocate mapping several areas closest to Zithulele, visiting 80 homes and spreading the word while building awareness about the importance of early childhood education. This exercise also entailed giving demonstrations of developmentally appropriate activities for children aged 1 to 6 years old. This has been well received by parents who are excited about the programme. The next step of this programme, which will start in the next financial year, will be to run training workshops in various areas where parents have shown an interest in what we are doing and would like to learn more about ECD. In addition to this, the ECD Advocate will also provide on-going ECD training for the Mentor Mothers. This programme will also tie in really well with the ECD play groups that are due to be implemented by Mentor Mothers Zithulele in early 2013.

None of our education programmes would be possible without the support of Stichting Zithulele, a Dutch foundation with links back to one of the first doctors to work in Zithulele. Their commitment to provide long term funding allows us to develop initiatives that have solid foundations and are therefore more likely to be sustainable. We are so appreciative of their support and therefore it was great that they were able to visit us in November 2012 and see our education programmes first hand.

COMMUNITY

Community Centre

The community centre now has electricity supply which has greatly increased the demand for its use. It is currently used on a daily basis for community gatherings, meetings, weddings, training, conferences, as a classroom for Axiom's Khan Academy, and even as accommodation for the Mercy Vision surgery patients.

The community centre committee, formed by Jabulani and consisting of representatives of political and traditional leadership as well as the different sectors of society (including women, the youth, disabled and churches), continues to meet on a monthly basis to manage the day-to-day running of the centre.

Community Playground

Offering the children of Zithulele a safe environment to play in, as opposed to in the road, has made a huge difference to the community. The playground, which was built in 2011, comes complete with a jungle gym, swings, a slide and a climbing wall and is still used and enjoyed by many children every day.

Relief of Social Distress Fund

One of Jabulani's core values is to promote empowerment rather than create dependence and therefore we have always tried to avoid any form of 'hand-outs'. However, there are certain circumstances where emergency relief is required in order to save people's lives.

The Relief of Social Distress Fund (RSDF) was established in 2010 to offer emergency short term relief and support to families in dire need, and came under the Jabulani umbrella in July 2011. Mentor Mothers Zithulele is the main referral source for this fund, as frontline workers in the community are best placed to identify families who could benefit the most from the RSDF. The guiding principle of the fund is "a hand-up and not a hand-out" with small, low profile, short term funds or food parcels offering emergency relief to families while we help them 'get back on their feet'. Jabulani manages this fund very carefully with specific criteria, amounts, and duration periods in place to ensure that this fund is not misused and that only families in extreme need benefit from it. In this financial year, the fund has helped over 240 families.

Microfinance

In 2010, after a period of engagement and a number of training sessions, Jabulani offered James Jabula a microfinance loan to expand his business of making leather products. His business really flourished during 2011, and by February 2012 he had fully repaid the loan. Jabulani continues to support James and his business through bi-monthly meetings aimed at improving his basic management skills.

ENVIRONMENT

Healthy Village Project

One of the foundational reasons for the creation of Jabulani was to address the causes of many of the problems faced by the community in Zithulele and not just treat the symptoms when they present at the hospital. Some of these causes have been addressed through various Jabulani projects, but over the years, the interconnectedness of health, education and the environment and their impact on poverty have become even clearer.

Zithulele struggles with the legacy of neglect that it experienced as part of one of the "homelands" under Apartheid. Coupled with high unemployment, major healthcare concerns and poor basic education, there is a lack of municipal services, a lack of awareness about how sanitation and the environment affect health, diminishing natural resources, and a loss of agricultural skills. As a result, the community is largely unable to help themselves break the cycle of poverty that holds them captive. Recognising the interconnectedness of these issues, we saw the importance of a holistic project that addressed all of these areas.

Specific interventions have focussed on refuse management and sanitation, responsible natural resource management, agriculture and nutrition, and have at their core, education, training, mentorship and job creation. These interventions have continued to operate on a small scale during 2012, and we hope to expand this in the next financial year.

Carpentry Skills Development Programme

The carpentry skills development programme is the up-scaling and formalising of a successful project that has been run by Zithulele resident Roger Galloway since 2009. Initially started as a small business motivated by job creation for local men, with stipends being provided by Jabulani, the carpentry project soon became equally focused on skills development for those with no prior carpentry or artisan skills. The success of the project has been clearly evident not only in the strong demand for the high-quality and environmentally-friendly furniture, but also in all of the apprentice carpenters being offered jobs with other businesses and NGO's following their apprenticeships. Having proved its past success and exciting future potential, under the careful supervision of head trainers Roger and Phineas, Jabulani is hoping to expand this project into a carpentry school with a larger workshop space and the ability to take on more apprentices in the next financial year. This has already been given a head start by a generous donation of new power tools from Festool in Germany but we still require funding to build a new workshop. We're very excited about the evident potential this project has to develop important life skills and job creation in the area.

ACCOMMODATION

In addition to the renovation of various accommodation units from 2010 - 2011 ("Old Clinic", "Volunteer Accommodation", "Zuba House", and "Mama Ncedi's") further units were either refurbished, converted, or built by Jabulani during 2012 ("Garage Conversion" and "Axiom House") as part of the '1000 from a 1000 Challenge' launched in November 2011, to house hospital and NGO staff coming to live and work in Zithulele. Axiom House will be completed in the next financial year.

Jabulani continues to manage the leases on these buildings, many of which are situated on land belonging to the local Uniting Reformed Church which started the mission back in 1956. The church receives the rental income and is financially responsible for maintenance and upkeep. This arrangement is a win-win situation in that the church derives some income from its buildings but Jabulani and the hospital benefit because there is suitable accommodation made available for professional staff coming from outside.

Despite all the above, accommodation in Zithulele remains scarce and faced with the prospect of having to turn away prospective staff, new accommodation will need to be built. The third phase of

the '1000 from a 1000 Challenge' is due to start late in 2013 and will encompass 6 new accommodation units.

VEHICLE

The Jabulani vehicle (a Citi Golf) continues to help us “make things happen.” It has helped ensure a reliable supply of antiretroviral medication to the clinics when the hospital does not have transport as well as in numerous other instances when staff have needed mobility in order to better serve the community.

ADMINISTRATION

Administration is the backbone of any organisation and Jabulani has just barely managed to stay on top of this in previous years without dedicated office space. This all changed in 2012 when our office space finally had its electricity supply connected. Jabulani is sharing this space with Axiom Education and we are thrilled that both NGO's now have a permanent base from which to operate.

Future Plans

We are excited about ventures that are in the pipeline for next year, specifically:

- Continued assistance to the ARV programme to ensure that the fight against HIV/AIDS doesn't lose momentum
- Further improvements at Zithulele Pre-school; and the support of our neighbouring Khanyisa Pre-school
- Starting Zithudlala, an after-schools programme aimed at helping children to learn through having fun
- Opening a supervised after-school homework area in the library for learners without electricity at home
- Expanding the Healthy Village Project
- Starting a life-skills / mentorship programme for local school leavers in Zithulele
- Continuing to manage and seek ways to expand accommodation options for hospital staff and NGO workers and volunteers.

We look forward to improving our links within the community and involving them increasingly in our projects, to achieve a greater level of community ownership and ensure project sustainability. We will also continue to produce a quarterly newsletter and regularly update the website:

www.jabulanifoundation.org.

Thank You!

The life-blood of our work are our 'Friends of the Zithulele', who donate monthly. In addition, a number of individuals and companies have donated to us this year – more people than ever before. We trust that you will be as proud as we are to see what a difference your generosity has made in our community.

A. L. Sullivan	Ivette Gentry	Onnig Tamizian
A. P. Blignault	J William Davis	Peter Galloway
A. Tuersley	James and Ros Irlam *	Peterhouse College Chapel
Aileen Lockey	Jana Marinowitz	Phil and Jude Merriweather
Ainslie and Jennie Chinembiri *	Jane Kemp	Pierre-Andre and Berdine Mans
Akeroyd Family	Jen Kourie	Pieter and Ingrid le Roux
Amy Gleason	Jess Hall	Providence Church, Perth, Australia
Ana Houston *	Jessica Kern	Ramona Albrecht
Andy Stewart	Jill Masterson *	Rehan Hall
Anglo-American Chairman's Fund	Joanna Davis	Richard and Robin Sherry *
Angus Campbell	Johann and Helen Maree *	Richard and Sandra Belsham
Ania Maria Grobicki	John and Alex Davidge	Richard Halley-Stott
Anita Price	Jon and Hillary Kerr	Rob and Brenda Young
Anne Gentry	Jon Budge	Rob Wise *
Archbishop Emeritus Desmond Tutu *	Jonathan and Leza Oscroft *	Robert and Helen Hall
Ashleigh Moolman	Jonathon Dowie	Roger Galloway
Asmund Opstad	Jono and Ruth Centurier-Harris *	Rondebosch United
Ben and Taryn Gaunt *	Juan Gouws	Rosalind King
Bideford Bridge Rotary Club	Justice Howie	S. M. Quirk
Calum Fisher *	Kara Jones	Sam and Ann Moore *
Cape Town Church c/o Wilmien Marren	Karen Galloway *	Samuel Dippo
Cath Duncan	Karl and Sally Le Roux *	Saskia Linfield
Catherine Young *	Kate Grobicki	Shambrooke Church Council/Roger Gaunt
Chris and Lynne Wise *	Kate Rhodes	Shannon Morgan
Chris and Selina Salisbury *	Kayla Towey	SHAWCO
Christine Lockey	Kevin and Shannon Pasio	Shoprite
Cirtech Electronics Pty Ltd	Kirsty Jackson	Simon Glew
Colin and Helen Fair	L. J. Messin	Simon Mendelsohn
David and Leesa Bishop *	Land Resources International	Stichting Sonnevanc *
Diane Ward	Latunde Dada AO	Stichting Zithulele
Duncan Still	Laura Grobicki	St. Peter's Roman Catholic Church
E. J. Bell	Laurie and Rita Chiappini	Steph Kok
Ellie and Camilla Salkow	Lena Kinder and Vanessa Reiter	Stephanie Benn
Elodie Janovsky	Linnea Stansert	Stuart Macphail
Elsbeth Galloway	Lisa Porter	Sule van der Merwe
Emily Barber	Liz Clarke	Suretha Cilliers
Erica Lim	Liz Gatley *	Susan Davis
Esteban Choa	Liz Sams *	The WRD Lewis Memorial Trust
Evan and Kerryr Torrance *	Liz Stasior	Tim Liptrot
Frank and Carolyn Einhorn	Louise Ferreira	Timothy Freeth and Lindiwe Mavuso *
Gareth Thomas	Mandy Wessels *	Tom and Becky Kemp
Gerrard and Sally Boule *	Marcel Schutgens *	Tom and Jo Withington*
Graeme Hofmeyer	Mark Eaden	Trevor and Eleanor Gaunt *
Greg Sneddon	Mathias Wessels *	UCLA Endocrine Office
Guro Stokke	Mike, 2 Way Travel	Vanna Cairns
Hana Park	Monique Lines	Vikram Kamdar
Hazel Campbell	Morgan Wirth	Warren *
Hear Now SA *	Mr and Mrs Lydall	Wim Kok
Ian Couper	Noemi Booth	Wouter van Egmond

* Denotes friend

JABULANI RURAL HEALTH FOUNDATION

(Association incorporated under Section 21)

Registration No. 2006/009074/08 PBO No. 930 027 691 NPO Reg. No. 086-315-NPO
Account Details: ABSA, Frere Square, Branch Code: 632005 Acc No: 4069520005 Swift Code: ABSAZAJJ
Address: Zithulele Village, Mqanduli, Eastern Cape, 5080. Postal Address: PO Box 682, Mqanduli, 5080
Telephone: +27 81 370 1041 Fax to email: +27 86 556 1981
Web: www.jabulanifoundation.org Email: info@jabulanifoundation.org
Directors: Dr CB Gaunt (RSA), Dr KWDP le Roux (RSA), Rev JK Ntlatywa (RSA)
Patrons: Desmond & Leah Tutu