Jabulani Rural Health Foundation
Annual Report
2011-12
## CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction by Dr Ben Gaunt</td>
<td>3</td>
</tr>
<tr>
<td>Vision, Mission and Core Values</td>
<td>4</td>
</tr>
<tr>
<td>Background</td>
<td>5</td>
</tr>
<tr>
<td>Personnel</td>
<td>6</td>
</tr>
<tr>
<td>Projects</td>
<td>8</td>
</tr>
<tr>
<td>Health</td>
<td>8</td>
</tr>
<tr>
<td>HIV and AIDS Clinic Support</td>
<td>8</td>
</tr>
<tr>
<td>TB Project</td>
<td>9</td>
</tr>
<tr>
<td>Discovery Award</td>
<td>9</td>
</tr>
<tr>
<td>General Hospital Support</td>
<td>10</td>
</tr>
<tr>
<td>Nutrition</td>
<td>10</td>
</tr>
<tr>
<td>Therapy Department Support (Rural Ability)</td>
<td>10</td>
</tr>
<tr>
<td>Speech Therapy Support</td>
<td>11</td>
</tr>
<tr>
<td>Waiting Mothers’ Accommodation</td>
<td>11</td>
</tr>
<tr>
<td>Education</td>
<td>11</td>
</tr>
<tr>
<td>Pre-school</td>
<td>11</td>
</tr>
<tr>
<td>Library</td>
<td>12</td>
</tr>
<tr>
<td>Community</td>
<td>12</td>
</tr>
<tr>
<td>Community Centre</td>
<td>12</td>
</tr>
<tr>
<td>Community Playground</td>
<td>12</td>
</tr>
<tr>
<td>Relief of Social Distress Fund</td>
<td>13</td>
</tr>
<tr>
<td>Microfinance</td>
<td>13</td>
</tr>
<tr>
<td>Environment</td>
<td>13</td>
</tr>
<tr>
<td>Healthy Village Project</td>
<td>13</td>
</tr>
<tr>
<td>Accommodation</td>
<td>14</td>
</tr>
<tr>
<td>Vehicle</td>
<td>14</td>
</tr>
<tr>
<td>New Logo</td>
<td>15</td>
</tr>
<tr>
<td>Future Plans</td>
<td>15</td>
</tr>
<tr>
<td>Thank You</td>
<td>16</td>
</tr>
</tbody>
</table>
Introduction to Annual Report
by Foundation Director Ben Gaunt

Every new year brings challenge and opportunity. It is quite staggering to look back at photographs taken in the 1950s when the mission was founded here at Zithulele and realise how much the community here has grown numerically. That numerical growth has been accompanied by other changes too as the hospital has grown and developed and rural life has been shaped by tar roads, cellular phones and ever more numerous minibus taxis. But change and development in a deeply rural place is not without its challenges, regardless of where one is in the world.

The Jabulani Rural Health Foundation was founded in 2007 with a vision to bring hope and positive change to the community around Zithulele Hospital by supporting the Hospital and partnering with the community in its development and growth. As we have noted in previous annual reports, we see our role as bringing strategic contributions to aspects that are overlooked by others; with bigger inputs in the particularly strategic areas of health and education.

Examples of this that are detailed in this report include how:

- organising and supporting two volunteers helps maintain a medicine distribution system that keeps nearly 3000 people alive
- employing a single data manager for the TB programme helps the hospital better understand its patients, allowing improved care as well as follow up of defaulters
- offering administrative assistance made it possible for a substantial grant to be accessed by hospital therapy staff so that disabled people could get the assistive devices they require
- the unglamorous job of developing and administering accommodation options in the village (where there is little other “serviced” accommodation) allows us to house hospital staff, students (four of whom have already returned to work at Zithulele) and various NGO workers who make a difference to our community.

As always, we are extremely grateful to everyone who contributes to Jabulani’s work: our volunteers, some of whom offer as much as a year of their time; growing number of employees; and the many individuals and companies who support us financially. Thank you especially to John Young, our General Manager – already our longest serving; the continuity, insights, intuition and hard work he brings to the role are much appreciated!

The financial statements and auditor’s report accompany this annual report. From them you see in detail our efforts to spend the money with which we are entrusted as wisely and efficiently as possible. We are proud that transparent financial policies and accounting systems remain a hallmark of our work.

May God bless you,

Dr Benjamin Gaunt
JRHF Vision

We aim to bring hope and positive change to the community around Zithulele Hospital by supporting the Hospital and partnering with the community in its development and growth.

JRHF Mission

To reach our vision we will focus on the following areas:

1. Health care
   a. Supporting the development of Zithulele Hospital and its surrounding clinics
   b. Helping improve access to quality health care
   c. Specific health care projects, including care for those affected by HIV/AIDS
   d. Improving nutrition through education and support

2. Education
   a. Supporting early childhood development
   b. Promoting literacy
   c. Supporting schools

3. The Environment
   a. Focussing on conserving and improving the environment

4. Poverty relief through community upliftment
   a. Employ & train local people to work for JRHF, where possible
   b. Job skill development
   c. Supporting entrepreneurs

JRHF Core Values

1. Valuing people’s worth
   Treating all people with dignity, respect, compassion and fairness.

2. Making prayerful decisions
   Making decisions which are consistent with our beliefs and taken in a process that includes prayer and reflection.

3. Serving others with humility
   Being motivated by a desire to listen and serve rather than personal gain or glory.

4. Working in partnership
   Working together with the community, hospital, individuals and other organisations in a way that promotes empowerment rather than dependence.

5. Honesty
   Living with integrity and speaking the truth in a constructive manner.
Background

Jabulani Rural Health Foundation (JRHF) was founded in 2007 by four doctors working at Zithulele Hospital in one of the poorest areas of the rural Eastern Cape province of South Africa. The government funded hospital serves a population of around 139,000. Most community members live without basic facilities, such as running water and electricity. Many are unemployed and under-educated and about 12% are living with HIV/AIDS. This figure rises to about 25% for the highest risk group – pregnant women.

The JRHF supports the development of Zithulele Hospital and the community it serves through the development of community-based projects, focusing on healthcare support, care for those affected by HIV/AIDS, poverty relief, education and nutrition. The founding doctors are committed to staying in Zithulele long term to ensure that the Foundation makes a sustainable contribution to the community. With the help of donors, volunteers and community members they aim to make a tremendous difference in difficult circumstances.

The founders of JRHF, Dr Ben Gaunt, Dr Taryn Gaunt, Dr Karl le Roux and Dr Sally le Roux, continue to work at the hospital and with the JRHF in a supervisory capacity.
Personnel

Patrons:  Archbishop Emeritus Desmond Tutu
          Leah Tutu

Directors:  Dr Benjamin Gaunt
           - doctor at Zithulele Hospital since 2005
           - founding director since 30 March 2007

          Dr Karl le Roux
           - doctor at Zithulele Hospital since 2006
           - founding director since 30 March 2007

          Rev Joseph Ntlatywa
           - pastor of the Uniting Reformed Church at Zithulele since 1990
           - director since 6 May 2008

Members:  Dr Taryn Gaunt (doctor at Zithulele Hospital since 2005)
          Dr Sally le Roux (doctor at Zithulele Hospital since 2006)
          Dr David Bishop (consultant anaesthetist; doctor at Zithulele Hospital in 2006)
          Dr Leesa Bishop (JRHF financial administrator; doctor at Zithulele Hospital in 2006)

Salaried/Stipended Staff:
          Mrs Athini Mbono (ARV counsellor: Sept 2008 – Dec 2011)
          Ms Asanda Jonga (ARV counsellor since Aug 2009)
          Mrs Thandeka Xhakaza (preschool teacher since Apr 2009)
          Ms Thandiwe Mlhaba (TB counsellor since Aug 2009)
          Mrs Nothandekile Valuvalu (Masikhule garden demonstrator since May 2008)
          Mrs Nonyaniso Mdaniwa (preschool teacher assistant since April 2009)
          Mrs Buyiswa Speelman (personal assistant to clinical manager / TB data manager since Sep 2010)
          Ms Ntombifuthi Mfundisi (hospital translator since Sep 2010)
          Ms Unathi Twalikulu (hospital translator since Sep 2010)
          Ms Phumla Tsama (therapy translator since Oct 2010)
          Mr Gqibile Marvin Banjwa (security guard: Sep 2010 – May 2011)
          Mr Lumkile Ngqelakhe (security guard since Sep 2010)
          Mr Thulani Nqwini (security guard since June 2011)
          Mr Mute Qobinkete (hospital translator: Mar – Dec 2011)
          Mr Ntsindiso Mkhontwana (hospital translator: Dec 2010 – Sep 2011)
          Mrs Vuyiswa Mcunukelwa (hospital translator since June 2011)
Mrs Nonceba Ndesi (therapy translator / personal assistant to clinical manager since Sep 2010)
Ms Onesimo Tolobisa (hospital translator since Oct 2011)
Mr Richard Mncunukelwa (community liaison since May 2011)
Ms Neliiswa Banjwa (speech therapy translator since Mar 2011)
Ms Fundiswa Mbongwana (therapy translator since Sep 2011)
Mr Sibabalwe Mnengisa (therapy translator since Jan 2012)
Ms Mandisa Mahlanza (librarian since Sep 2011)
Ms Gillian Paterson (Project Trust: Sep 2010 – to Aug 2011)
Ms Katy Fair (Project Trust: Sep 2010 – Aug 2011)
Ms Cara Vincenti (Project Trust since Aug 2011)
Ms Helen Hattam (Project Trust since Aug 2011)

The Foundation is committed to providing employment to local people wherever possible and only draws in individuals from outside when the skills cannot be sourced locally.

Volunteer Staff:

Mr John Young (general manager since Jan 2011)
Mr Thomas Withington (Jan 2010 – May 2011)
Ms Carla McKenzie (Mar – Aug 2011)
Ms Yolisa Duley (education co-ordinator since Mar 2011)
Ms Fundiswa Mbongwana (Mar – Aug 2011)
Ms Julia Stoltz (Jan – Apr 2011)
Ms Mia Hejdenberg (Jan – Apr 2011)
Ms Elisabet Lundqvist (Jan – May 2011)
Ms Kayleigh McMillan (Jun – Aug 2011)
Mr Alastair Cockburn (Apr – May 2011)
Ms Linnea Stansert (Aug – Dec 2011)
Ms Emily Barber (since Dec 2011)
Ms Bernadette Watters (since Dec 2011)
Project Reports

HEALTH

HIV and AIDS Clinic Support
When Jabulani stepped in to assist Zithulele Hospital’s ARV programme in 2009 with the support of two volunteers from the UK Charity Project Trust, they were able to help decentralise the programme that had up until then been only hospital based. The down-referral programme proved to be an immediate success and Jabulani soon increased from pre-packing and distributing for two clinics to five. By the end of February 2012, this had expanded further to cover all 10 clinics directly supported by the hospital; 2938 patients were on ARVs in total across the programme and just under 2000 of these were collecting their treatment on a named, pre-packed basis at their local clinic.

This growth has largely been made possible through the arrival of the Donald Woods Foundation whose support of the ARV programme at Zithulele started in December 2010. The Donald Woods Foundation had been looking to expand the success of the HIV programme that they supported at nearby Madwaleni Hospital and Jabulani were put in contact with them by the Elton John AIDS Foundation.

The ARV programme is now predominantly run by the Donald Woods Foundation in partnership with the Department of Health, however Jabulani still plays a crucial supporting role through managing the pre-packing component of the programme. Jabulani also helps to fund the consumables required by the down-referral programme, including but not limited to medication labels and printing ribbon, computers, and paperwork.

Our support of the programme also still includes the employment of two ARV counsellors at the hospital. The Jabulani counsellors are unanimously considered by the doctors to be the best and most reliable on the team. The counselling they provide is augmented by the sale of alarm clocks (subsidised by Jabulani to make them affordable for the patients) to patients starting their treatment. These clocks allow them to take their medication at the correct time which is an extremely important aspect of ARV treatment.

Following the success of our inaugural soccer tournament in 2010, Jabulani and the Donald Woods Foundation teamed up to run a tournament in March 2011. Once again, the emphasis was on utilising sport to attract people to an event where HIV counselling and testing was offered, using a lucky draw and prizes as an incentive. Over 100 people were tested on the day and awareness was created through drama and announcements.
**TB Project**

The supporting role played by Jabulani with the TB programme remains a significant contributor in the fight against TB, which continues to be a major cause of morbidity and mortality at Zithulele. This work is enabled through the financial support of the Sonnevancck Foundation.

The TB data manager and counsellor employed by Jabulani work together with the team at the hospital’s TB Point, to monitor patient adherence, counsel patients requiring treatment, and chase defaulters.

One change in how the TB programme has been managed over the past year is that the counsellor has now also been trained in HIV counselling due to the high co-infection rate. She is now able to provide a more comprehensive service to patients who require preparation for both TB and HIV medication.

**Discovery Award**

In January 2010, Zithulele Hospital was given an award by the Discovery Foundation. Discovery required an NGO to be involved in the disbursement of funds and Jabulani willingly agreed to be the co-ordinator of all three projects covered by the award: the creation of a Clinical Resource Centre through the refurbishment of the old laboratory; contributions to Continued Professional Development of clinical staff; and the building of an accommodation unit for short term medical students and volunteers.

The Resource Centre, completed in 2010, has been extremely well used during the year for the housing of resource materials as well as a space for training, meetings and interviews. Jabulani also paid for and undertook maintenance when required.

Over the year, the funding for Continued Professional Development was utilised by 10 clinical professionals: 5 doctors and the pharmacist attended HIV courses; 2 therapists attended seating clinics; 1 therapist attended the Rural Doctors Association of South Africa conference; and the social worker attended a variety of short courses.

The short-term accommodation unit was completed in March 2011 and has been almost fully booked since then. Without this accommodation, 35 medical students would not have been able to benefit from doing their elective here and thus experiencing the realities of working in rural medicine. During the year, it also housed 10 volunteers working with Jabulani and Axium Education (another Zithulele based NGO, introduced in our previous reports), 4 student teachers, 4 research students and one doctor when there was no other accommodation to be found in Zithulele!
General Hospital Support
There are many other ways in which Jabulani continues to support the Hospital. Many of them are seemingly small, but make a big difference to the quality of care the Hospital can provide – and the sanity of the staff providing it. Knowing that there is an organisation that can help make a plan when faced with a seemingly intransigent problem is remarkably helpful in preserving a positive attitude long term.

Some of the multiple ways in which we have supported the hospital include funding:
- Translators for the doctors working in the out-patients’ department. (This improves the quality of the consultation and simultaneously releases the nurses to do nursing jobs.)
- A personal assistant for the Clinical Manager, to allow him to do less minor admin and be more strategic in his use of time
- Paper on which clinical stationery is photocopied (and sometimes funding the toner too)
- Relief packs for rape victims
- A new blender for the kitchen to be able to make smooth food for those patients unable to eat standard hospital food
- The repair of hospital and dental equipment

Nutrition
The Masikhule project, a community nutrition garden funded by Stichting Zithulele (an organisation based in the Netherlands that was founded by the second doctor to work at Zithulele), continues under the supervision of Nothandekile Valuvalu. In 2011, a second garden was started at the Zithulele Pre-school, and was incorporated into the curriculum with children not only benefitting from eating the vegetables produced in the garden but also learning about the importance of a balanced diet and learning how to grow vegetables.

Nothandekile has also continued to come weekly to the Hospital’s paediatric ward to educate the women of the admitted children about how to garden in a nutritious way.

Therapy Department Support (Rural Ability)
As part of its support of the hospital, Jabulani has been supporting the work of the Rehabilitation Department at Zithulele over the past five years and it has been heartening to see how practical support can enhance the lives of disabled people, through the purchase of supplies and other rehabilitative equipment. Jabulani has also acted as a channel for external support, such as when Rumdel Cape upgraded the Zithulele road and as part of their CSI initiative built a model hut, called the Rehab Hut. This is a hut adapted to be wheelchair accessible, and is used to show how suitable accommodation can facilitate independence for those with a disability.
Jabulani supported this department in many ways throughout the year including: procuring necessary equipment; building shelves in the storage room; supplying consumables; employing translators to assist in consultations; and assisting with the Zithulele Special Olympics by providing volunteers. One of the more significant developments during the year was that through a generous donation from the IDC, Jabulani managed to purchase 40 tailored, rural wheelchairs to meet specific patient needs although these are only expected to be delivered in the next financial year.

**Speech Therapy**
Zithulele Hospital had its first Speech Therapist/Audiologist in 2011. Jabulani supported her work through providing a translator and also facilitated the arrangements for much needed surgical intervention for one of her patients. Pumlani needed repair to his unilateral cleft lip and palate, and after the Speech Therapist had arranged free surgical procedures in Johannesburg, Jabulani stepped in to arrange accommodation, transport, food and a translator for Pumlani and his mother. The first surgery performed in January 2012 was very successful and the second one is schedule for May 2012.

**Waiting Mothers’ Accommodation**
The waiting mothers’ accommodation was built during 2009 to provide a place for women near the end of their pregnancies to wait so they can be close to medical care when they go into labour. The hospital continues to manage this accommodation which was extremely well utilised during the year (full most of the year).

**EDUCATION**

**Pre-school**
On the 4th of May 2011, the Zithulele Pre-school celebrated its 2\textsuperscript{nd} birthday. This coincided with the arrival of a new Education Co-ordinator, Yolisa Duley, an early childhood development specialist who came to volunteer her services with Jabulani for the year. Her support enabled the pre-school to grow from being a good example of early education to being an excellent learning environment for both the children and the teacher. We are delighted to announce that Yolisa has decided to extend her stay until September 2012.

There were many enhancements during the year, with the upgrading of the jungle gym, the building of a new long-drop building, the renovation of a second rondavel to act as another classroom (all funded by one generous donation from the Management Development Programme of a large SA corporation), the installation of a rain water tank to supply the school with fresh water (funded by the Jakob-Friedrich-Schöllkopf school in Germany), and the integration of a new vegetable garden into the school curriculum (see Nutrition section above).
Jabulani also continued to facilitate the further training of 20 teachers through the Sector Education Training Authority Level 5 course provided by Direct Flo.

**Library**

“Learners and school leavers; the sky is the limit, come and use the information in the library effectively. Parents and teachers; tell the children about the importance of education, learning and the library. School teachers and community; let’s work together to improve the level of education.” These were just some of the inspiring words from the Jabulani Librarian, Mandisa, in her speech at the long awaited and anticipated opening of iKhaya Lencwadi (Home of the Books) in October 2011.

The occasion was marked by a grand opening attended by over 300 guests from the community and surrounding schools. 1000 books have been donated or purchased so far, and the library has been utilised beyond our expectations. We hope to significantly grow our catalogue of books in the next year.

**COMMUNITY**

**Community Centre**

The community centre is still without an electricity supply but this has not deterred people from using it for community gatherings, meetings, weddings, training, conferences, and even as accommodation when there are big events in Zithulele. The fee for the electricity connection has now been paid, and we hope to have supply early in the next financial year.

The community centre committee, formed by Jabulani and consisting of representatives of political and traditional leadership as well as the different sectors of society (including women, the youth, disabled and churches), continues to meet on a monthly basis to manage the day-to-day running of the centre.

**Community Playground**

In keeping with our original vision for the land on which the community centre is built to become a vibrant place of meeting and activities, Jabulani used a donation from the Management Development Programme of a large SA corporation, to build a community playground on the land outside the community centre. Offering the children of Zithulele a safe environment to play in, as opposed to in the road, has made a huge difference to the community. The playground is complete with a jungle gym, swings, a slide and a climbing wall and is used by many children every day.
**Relief of Social Distress Fund**

One of Jabulani’s core values is to promote empowerment rather than create dependence and therefore we have always tried to avoid any form of ‘hand-outs’. However, there are certain circumstances where emergency relief is required in order to save people’s lives.

The Relief of Social Distress Fund (RSDF) was established in 2010 to offer emergency short term relief and support to families in dire need, and came under the Jabulani umbrella in July 2011. Mentor Mothers Zithulele, a local Philani operated NGO, is the main referral source for this fund, as frontline workers in the community are best placed to identify families who could benefit the most from the RSDF. The guiding principle of the fund is “a hand-up and not a hand-out” with small, low profile, short term funds or food parcels offering emergency relief to families while we help them ‘get back on their feet’. Jabulani manages this fund very carefully with specific criteria, amounts, and duration periods in place to ensure that this fund is not misused and that only families in extreme need benefit from it. By February 2012, the fund had already helped approximately 70 families.

**Microfinance**

In 2010, after a period of engagement and a number of training sessions, Jabulani offered James Jabula a microfinance loan to expand his business of making leather products. His business really flourished during 2011, and by February 2012 he had fully repaid the loan. Jabulani continues to support James and his business through monthly meetings aimed at improving his basic management skills.

**ENVIRONMENT**

**Healthy Village Project**

One of the foundational reasons for the creation of Jabulani was to address the causes of many of the problems faced by the community in Zithulele and not just treat the symptoms when they present at the hospital. Some of these causes have been addressed through various Jabulani projects, but over the years, the interconnectedness of health, education and the environment and their impact on poverty have become even clearer.

Zithulele struggles with the legacy of neglect that it experienced as one of Apartheid’s homelands. Coupled with high unemployment, major healthcare concerns and poor basic education, there is a lack of municipal services, a lack of awareness about how sanitation and the environment affect health, diminishing natural resources, and a loss of agricultural skills. As a result, the community is largely unable to help themselves break the cycle of poverty that holds them captive. Recognising the interconnectedness of these issues, we saw the importance of a holistic project that addressed all of these areas.
Specific interventions have focused on refuse management and sanitation, responsible natural resource management, agriculture and nutrition, and have at their core, education, training, mentorship and job creation. These interventions were piloted on a small scale during 2011, and we hope to expand this in the next financial year.

ACCOMMODATION

In addition to the renovation of various accommodation units in 2010 (“Old Clinic” and “Volunteer Accommodation”) further units were refurbished by Jabulani during 2011 (“Zuba House” and “Mama Ncedi’s”) to house hospital and NGO staff. A brand new short-term accommodation unit (see Discovery Award above) was also built to accommodate medical elective students and volunteers. Jabulani continues to manage the leases on these buildings, many of which are situated on land belonging to the local Uniting Reformed Church which started the mission back in 1956. The church receives the rental income and is financially responsible for maintenance and upkeep. This arrangement is a win-win situation in that the church derives some income from its buildings but Jabulani and the hospital benefit because there is suitable accommodation made available for professional staff coming from outside.

Despite all the above, accommodation in Zithulele remains scarce and faced with the prospect of having to turn away prospective staff, Jabulani launched the ‘1000 from a 1000 Challenge’ in November 2011. The purpose of this fundraising drive is to raise one million rand to build new accommodation in Zithulele. By February 2012, R179 000 has already been raised and in anticipation of raising the outstanding amount, Jabulani has already consulted with an architect to draw up plans.

VEHICLE

The Jabulani vehicle (a Citi Golf) continues to help us “make things happen.” It has helped ensure a reliable supply of antiretroviral medication to the clinics when the hospital does not have transport as well as in numerous other instances when staff have needed mobility in order to better serve the community.
New Logo

In October 2011, Jabulani launched its new logo which can be seen as the header of this document. Although we loved the old logo, as it encapsulated the essence of what Jabulani is all about, it was felt that the style was a little dated and so needed to be freshened up. The challenge was to do this without losing the essence communicated in the old one. Roger Galloway did a fantastic job designing a modern looking logo that speaks to community upliftment in addition to other aspects like hope, joy, working together, rurality, and with a subtle Christian reference. We are very pleased with the result and want to extend a special thank you to Roger.

Future Plans

We are excited about ventures that are in the pipeline for next year, specifically:

- Continued assistance to the ARV programme to ensure that the fight against HIV/AIDS doesn’t lose momentum
- Further improvements at Zithulele Pre-School; and the development of links with neighbouring pre-schools (especially those that are at risk of closure)
- An initiative to take early childhood development into people’s homes
- Expanding the Healthy Village Project
- Starting a skills development programme
- The official opening of the Community Hall for the community
- Partnering with another NGO to provide eye clinics in and around Zithulele
- Properly setting up an office for Jabulani volunteers and staff as the team is growing
- Continuing to manage and seek ways to expand accommodation options for hospital staff and NGO workers and volunteers.

We look forward to improving our links within the community and involving them increasingly in our projects, to achieve a greater level of community ownership and ensure project sustainability.

We will continue to produce a quarterly newsletter and regularly update the website: 
www.jabulanifoundation.org.
Thank You!

The life-blood of our work is our ‘Friends of the Foundation’, who donate monthly. In addition, a number of individuals and companies have donated to us this year – more people than ever before. We trust that you will be as proud as we are to see what a difference your generosity has made in our community.

A Van Der Nest  
A. P. Blignault  
ADS/TJG  
Ainslie and Jennie Chinembiri *  
Alastair Cockburn  
Amy Gleason  
Ana Houston *  
Andreas le Roux  
Andrew and Natalie Sparg  
Andy and Cath Duncan  
Angela Smith  
Anne Gentry  
Ashleigh Moolman  
Asmund Opstad  
Ben and Taryn Gaunt *  
Ben Lacey  
Brian and Lisa Fincham  
Calum Fisher *  
Catherine Young *  
Chris and Lynne Wise *  
Chris and Selina Salisbury *  
Christine  
Cirttech Electronics  
Craig and Michelle Paxton  
Craig Harris (Umhlaituze)  
David and Leesa Bishop *  
Deepun Gosrani  
Derek and Pippa Barrett  
Eldie Janovsky  
Elisabeth Galloway  
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Evan and Kerryn Torrance  
Gerrard and Sally Boule *  
Grant Wyatt  
Guro Stokke  
Hazel Campbell  
Hear Now SA  
HJA Kim  
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Jill Masterson *  
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Unidentified Anonymous Donor (C)  
Unidentified Anonymous Donor (D)  
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* Denotes friend