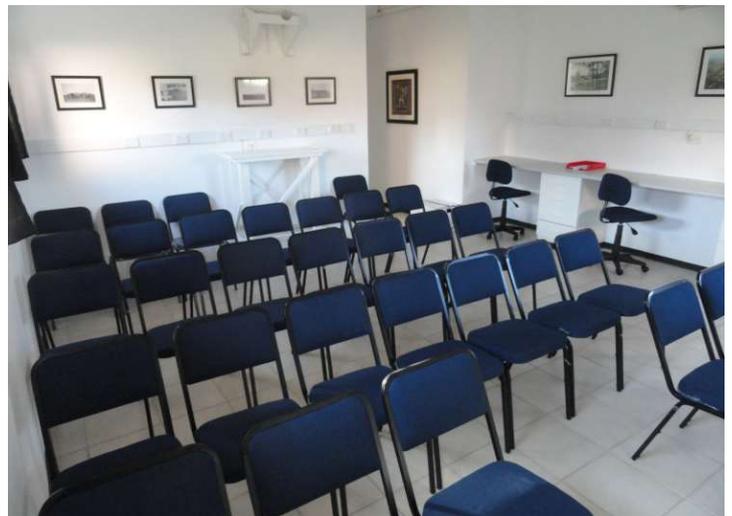


**IN THIS ISSUE**

- CONTINUOUS TRAINING FOR CLINICAL STAFF .....pg 1
- A NEW GENERAL MANAGER FOR JABULANI .....pg 1
- NEW CHANNELS OF COMMUNICATION .....pg 2
- MMZ: IT'S FOR THE CHILDREN... .....pg 2
- ARVS DOWN-REFERRED TO MORE CLINICS! .....pg 3
- GREEN SNIPPETS .....pg 3

**CONTINUOUS TRAINING FOR CLINICAL STAFF**

From the 1st December 2010, Zithulele Hospital will have its own Resource Center. As laboratory was moving to its new quarters behind the hospital, Jabulani grabbed the opportunity to renovate the previous laboratory into a Resource Center for the Zithulele clinical team. This renovation was enabled by the Discovery Foundation's Rural Institutional Award, worth R300000, awarded to Zithulele for its innovation with the waiting mother accommodation project. Part of the prize was used to build the Hospital Resource Center and the remaining is now used to build accommodations for medical professionals and students (see next newsletter).



Today the Resource Center is comprised of a meeting/training room for the capacity of 30 professional staff, a data projector, donated and purchased medical books, a tea room and a toilet. Two computers will complete these resources in the near future.

Dr Gaunt, the chief medical officer, says "The Resource Centre will ensure that rural hospitals are not left behind in the advancement of health innovation".

**A NEW GENERAL MANAGER FOR JABULANI**

The end of the year is upon us and with it comes unavoidable staff rotations. This is mainly true for the Zithulele Hospital clinical staff but also for Jabulani Foundation: Anita Raubenheimer, Education Manager, and Sarah Al Azzeh, General Manager, are returning to Cape Town and Belgium respectively. Fortunately the new General Manager, John Young, has already arrived in Zithulele and Jabulani has, for the first time, a whole month to ensure a smooth handover process. John, originally from Cape Town, moved to Scotland where he worked in the financial department of NGO Mercy Corps. He also studied theology and worked in a church. Now John and his wife Cath, the new ARV manager in Zithulele Hospital, are back in their home country. They plan to be in Zithulele for a minimum of 3 years, with the possibility of staying longer.



## NEW CHANNELS OF COMMUNICATION



Nonceba, Gcobisa, Unathi  
Phumla, Ntombifuthi, Amanda (absent)

Zithulele's reputation as an excellent rural hospital has, not surprisingly, resulted in a continuous increase in admissions, both in the wards and outpatients department. A busier hospital means stretched resources – particularly amongst staff – and recent months has seen the nurses struggling to cope with the increase in workload (bearing in mind that much of the time they are doubling up as translators).

The hospital approached Jabulani to facilitate and fund the employment of translators. Having advertised the posts to the surrounding community, candidates submitted application forms and interviews were held shortly thereafter. Six translators were appointed and began working in early September, and have already become an integral part of the hospital set up. Such is their contribution to the hospital that we do not know how we survived without them prior to them joining the team.

## MMZ: IT'S FOR THE CHILDREN..



Here's a fact from Zithulele's records: a child admitted to paed's ward who is malnourished is five times more likely to die than a child of normal weight. Sadly, malnourished children are all too common in our hospital, and many a doctor has been seen to tear hair out over the seemingly insoluble socio-economic problems that render these children so desperately vulnerable.

What do we do about this? Well, for 15 years, Philani Nutrition Centres Trust in Cape Town has been developing a home-based nutrition promotion and rehabilitation project. Proven to be enormously successful, this year Philani obtained funding from the university of California Los Angeles (UCLA) to pilot the model in a rural area, and MMZ – Mentor Mothers Zithulele – was born.

Headed by former Zithulele OT Kate Sherry, the project launched in February 2010, and quickly trained 15 women as outreach workers or Mentor Mothers. Going from house to house to monitor child growth, MM's pick up children who are faltering in their growth, or are already underweight – before they get sick. By helping the family identify and address the problems leading to malnutrition, (be they access to grants, difficulties breast-feeding, lack of knowledge or alcohol abuse), MM's help to prevent children from becoming severely ill. At the same time, they identify pregnant women, and visit them regularly for education, counselling and monitoring until their children are a year old, thus preventing malnutrition before it begins.

While remaining part of Philani Trust, MMZ has formed an association with JRHF, and currently shares the Jabulani office. As another small organisation just starting out in the big world of development, we believe strongly in learning from and supporting each other, and are extremely grateful for the support and encouragement we have received from Jabulani thus far.



## ARVS DOWN-REFERRED TO MORE CLINICS!

It goes without saying that the community around Zithulele has been greatly affected by HIV and AIDS so, naturally, one of the main aims of the Jabulani foundation is to care for those affected with the disease. Jabulani runs the down-referral system for the ARV's. This involves packing up medication for each patient and then driving them to the clinics where they are dispensed. In doing this, patients can collect their drugs from the clinic nearest their home, saving their low income by not having to spend it on transport and preventing them from having to walk for hours. If a patient defaults their treatment it can be fatal, therefore we aim to make medication as easily accessible as possible meaning patients are less likely to miss treatment due to a lack of income.



Lutubeni Clinic

Through 2010 the programme has steadily expanded. In January the pharmacy down-referred patients to 2 clinics: Ngcwanguba and Mapuzi. This has increased to the current 7 clinics by adding Pumalanga, Wilo, Jalamba, Kotyana and most recently Zidindi. This allows us to reach many more patients throughout the much greater area. The number of patients collecting their medication from the clinics has nearly tripled in size from 250 in January to the current 700. Patients on the down-referral system also amount to 40% of the ARV patients going through Zithulele pharmacy. This programme gives the space and time for many more patients to start treatment at Zithulele.



Jalamba Clinic

## GREEN SNIPPETS

### Seeds 4 Schools

October saw the second phase of the Seeds 4 Schools project. It was a successful first year and resulted in 37 Corel trees being germinated and planted by students in two local schools.

### Great Green Loo Launch

With the help of over 70 people we have finally completed the new "green" ablutions at the village based accommodation, the Mbolompo Homestay. Wherever possible, it was built using environmentally friendly methods, such as recycled materials, clay bricks and earth plaster. The showers have a living roof and are heated with paraffin and the toilets are designed on the dry composting model. The Xhosa homestay can now comfortably accommodate more visitors and volunteer groups.

### The Village Greening Project

This is a new venture which will attempt to improve public spaces and natural areas in and around Zithulele Village. The project incorporates, a nursery, tree planting, refuse management, clearing invasive alien vegetation, a green park, environmental education and job creation.

The objective of the tree planting component is to green communal spaces, such as markets, taxi ranks, the community center and roadsides, providing both shade and windbreaks. A fenced tree costs R280 (all trees need to be fenced because of pesky goats) For more information please contact [roger@jabulanifoundation.org](mailto:roger@jabulanifoundation.org)

